

NORTH PENN Community Education Program



Fall 2010
Winter 2011

Aquatics • Arts & Crafts
Baking & Cooking • Computer
Continued Learning • Dog Training
Financial Seminars
F.A.C.E. (Community Engagement)
Just for Kids • Leisure • Photography
Planetarium Programs • Special Interest
Sports & Fitness • Trips

Discover the Opportunities

Aquatics classes begin September 11,
Saturday classes begin September 25,
Weekday classes begin September 27,
unless otherwise noted.

Computer

C10 Beginning Keyboarding

Proper keyboard control and the fundamentals of using correct typing techniques will be taught, resulting in improved keying speed and accuracy. Enhance your employment skills with knowledge of personal and business letter formats. INSTRUCTOR: BARBARA COLVIN

- ▶ Tuesday, 9/28/2010-12/7/2010 (10 Sessions)
- ▶ No Class: 11/2/2010
- ▶ NPHS/K24 ▶ 6:30-8:30 p.m.
- ▶ Fee: \$75 (Gold Card Not Honored)

C11 Microsoft® Word 2007 Basics

Become a proficient user of this popular software. Learn to format documents, work with Clip Art, handle multi-page documents, work with the Drawing Toolbar, design a form, create tables and develop Word® macros.

INSTRUCTOR: PATRICK FYNES

- ▶ Monday and Wednesday, 9/27/2010-10/20/2010 (6 Sessions)
- ▶ No Class: 10/11/2010, 10/18/2010
- ▶ NPHS/K24 ▶ 6-9 p.m.
- ▶ Fee: \$70 (Gold Card Not Honored)

C12 Introduction to the Computer

This class is an introduction to computers, how to use a mouse, learn computer terminology and the inside parts of a computer. Typing is not taught in this course.

INSTRUCTOR: KEVIN CRAMER

- ▶ Thursday, 10/7/2010-10/28/2010 (4 Sessions)
- ▶ NPHS/K26 ▶ 7-9 p.m.
- ▶ Fee: \$45 (Gold Card Not Honored)

C13 Introduction to the Internet

Tour the information superhighway by learning how to use search engines, locate resources, compose and receive e-mails and navigate through various web sites. Designed for beginners who have some PC experience and know how to use a mouse but wish to expand their knowledge.

INSTRUCTOR: KEVIN CRAMER

- ▶ Tuesday, 9/28/2010-10/26/2010 (5 Sessions)
- ▶ NPHS/K26 ▶ 7-9 p.m.
- ▶ Fee: \$50 (Gold Card Not Honored)

C14 Introduction to Microsoft® Excel 2007

Perfect for new users of MS Excel 2007 or those who have been self taught. The course will cover aspects of creating spreadsheets, performing calculations, formatting and using page setup for printing. INSTRUCTOR: LISA ANDREY

- ▶ Wednesday, 10/6/2010-11/10/2010 (6 Sessions)
- ▶ NPHS/K26 ▶ 7-9 p.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

C15 Intermediate Microsoft® Excel 2007

This intermediate course is designed for individuals with proficient PC skills and are experienced working with Microsoft® Excel. You will learn how to use formulas and functions, create customized reports, make Pivot Tables, automate common Excel tasks using Macros, analyze worksheets, import and export data and produce high quality charts and graphs.

INSTRUCTOR: MICHAEL SIMONS

- ▶ Thursday, 10/21/2010-11/18/2010 (5 Sessions)
- ▶ NPHS/K24 ▶ 7-9 p.m.
- ▶ Fee: \$50 (Gold Card Not Honored)

PLEASE NOTE: THE GOLD CARD IS NOT HONORED FOR ANY OF THE COMPUTER CLASSES OFFERED.

C16 Microsoft® PowerPoint 2007

Learn to develop powerful professional PowerPoint presentations in this 2007 version entry-level course. Use graphics, audio and video, charts and tables; perfect for those who have never used PowerPoint or want to take their presentation skills to a higher level.

INSTRUCTOR: MICHAEL SIMONS

- ▶ Saturday, 9/25/2010-10/23/2010 (5 Sessions)
- ▶ NPHS/K24 ▶ 8:30-10:30 a.m.
- ▶ Fee: \$50 (Gold Card Not Honored)

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SAVE THE DATE IN-PERSON REGISTRATION

Wednesday, September 15, 2010
5-8 p.m. (Further information on page 5.)

Arts, Crafts & More for Adults

GLASS ART CLASSES

A10 Glass Bead Making: Part I

In this exciting course, you will learn to create unique glass beads. Using a special torch, you will learn to wrap hot glass around steel rods (mandrels). Basic bead shaping and decorative techniques will be taught. Students must bring safety glasses to class. A \$45 materials fee will be payable to the instructor the first night of class.

INSTRUCTOR: LEANNE BLEVINS

- ▶ Monday, 9/27/2010-11/1/2010 (5 Sessions)
- ▶ No Class: 10/11/2010
- ▶ NPHS/K224 ▶ 6:30-8:30 p.m.
- ▶ Fee: \$55 (Gold Card Not Honored)



A11 Glass Bead Making: Part II

Take your bead making to the next level with this course. Learn to pull stringers and twisties and other advanced techniques such as encasing and using silver foil. This is the perfect extension to the introduction class with lots of torch time to practice your technique. Safety glasses and a clean jar are required. Pre-requisite: Introduction to Glass Bead Making with this instructor. A \$45 materials fee is payable to the instructor the first night of class. INSTRUCTOR: LEANNE BLEVINS

- ▶ Monday, 11/15/2010-12/13/2010 (5 Sessions)
- ▶ NPHS/K224 ▶ 6:30-8:30 p.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

A12, A13 & A14 Hand Blown Glass Ornaments

Make ten beautiful hand blown glass ornaments for the holidays. Using the hot head torch, you will learn to heat the glass and blow to create shape. No prior experience is needed. Please bring a box and wrapping material. A \$45 materials fee will be payable to the instructor. LIMITED ENROLLMENT.

INSTRUCTOR: LEANNE BLEVINS

- # A12
 - ▶ Tuesday, 10/26/2010-11/9/2010 (2 Sessions)
 - ▶ No Class: 11/2/2010
 - ▶ NPHS/K224 ▶ 6:30-9 p.m.
 - ▶ Fee: \$35 (Gold Card Not Honored)
- # A13
 - ▶ Tuesday, 11/23/2010-11/30/2010 (2 Sessions)
 - ▶ NPHS/K224 ▶ 6:30-9 p.m.
 - ▶ Fee: \$35 (Gold Card Not Honored)
- # A14
 - ▶ Thursday, 12/2/2010-12/9/2010 (2 Sessions)
 - ▶ NPHS/K224 ▶ 6:30-9 p.m.
 - ▶ Fee: \$35 (Gold Card Not Honored)

HOLIDAY CRAFTING CLASSES WITH GARY HAGUE

AT HAGUE'S CHRISTMAS TREES—755 FORTY FOOT ROAD, HATFIELD

A15 & A16 Make a Pine Cone Wreath

Make an 18-inch pine cone wreath with a bow and decorations. Instruction will be given on the materials and hardware used for the project, with demonstration of the technique. Bow making will be taught and practiced. See a picture of the sample wreath at www.haguechristmastrees.com. Bring needle-nose pliers, wire cutters and glue gun with sticks (garden gloves optional). A materials fee of \$16 is payable to the instructor. INSTRUCTOR: GARY HAGUE

- # A15
 - ▶ Tuesday, 11/16/2010 (1 Session)
 - ▶ 10 a.m.-12 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)
- # A16
 - ▶ Tuesday, 11/16/2010 (1 Session)
 - ▶ 7-9 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)

A17 & A18 Evergreen Wreathmaking

Make a 24-inch diameter Douglas fir wreath with a bow and decorations for the holidays. Instruction will be given on the materials and hardware used for wreathmaking with written and demonstrated instruction on technique. Bow making will be taught and practiced. See a picture of the sample wreath at www.haguechristmastrees.com. Bring hand pruners (garden gloves optional). A materials fee of \$12 is payable to the instructor.

INSTRUCTOR: GARY HAGUE

- # A17
 - ▶ Tuesday, 11/30/2010 (1 Session)
 - ▶ 10 a.m.-12 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)
- # A18
 - ▶ Tuesday, 11/30/2010 (1 Session)
 - ▶ 7-9 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)

A19 & A20 Make a Table-Top Christmas Tree Arrangement OR Holiday Centerpiece

Choose to make a table-top Christmas tree arrangement (14" high by 10" wide) using an Oasis bowl, greens, bow and decorations OR a centerpiece in an Oasis bowl using a candle, greens, cones, winterberry and other decorations. Instruction will be given on the materials to be used, with demonstration of the technique. Go to www.haguechristmastrees.com to see sample projects. Bring hand pruners (garden gloves optional). A materials fee is payable to the instructor (table-top tree, \$16; OR holiday centerpiece, \$12) INSTRUCTOR: GARY HAGUE

- # A19
 - ▶ Tuesday, 12/7/2010 (1 Session)
 - ▶ 10 a.m.-12 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)
- # A20
 - ▶ Tuesday, 12/7/2010 (1 Session)
 - ▶ 7-9 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)

A21 & A22 Make a Log Box Arrangement

Make an arrangement in a log box using greens, cones, winterberry, bow and other extras to decorate the arrangement. Bow making will be taught and practiced. Instruction will be given on the materials to be used, with demonstration of the technique. Go to www.haguechristmastrees.com to see sample projects. Please bring hand pruners (garden gloves optional). A materials fee of \$17 is payable to the instructor. INSTRUCTOR: GARY HAGUE

New!

- # A21
 - ▶ Tuesday, 12/14/2010 (1 Session)
 - ▶ 10 a.m.-12 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)
- # A22
 - ▶ Tuesday, 12/14/2010 (1 Session)
 - ▶ 7-9 p.m.
 - ▶ Fee: \$24 (Gold Card Not Honored)

NORTH PENN HOLIDAY CRAFT SHOW

- ▶ Saturday, November 20, 2010
- ▶ 9:30 a.m.-4:30 p.m.
- ▶ North Penn High School
- 1340 Valley Forge Road • Lansdale, PA

\$1.00 OFF

Present this coupon at the admission gate for a \$1 admission discount off the \$5 individual admission price. One coupon per adult. Children 12 and under free (no strollers). This outstanding show of traditional and contemporary work with 95 craft artists features pottery, jewelry, woodcarving, tinware, baskets, folk art, furniture, ceramics, calligraphy, dolls and more. Lunch is available and parking is free. Sponsored by the North Penn International Friendship Committee. Proceeds benefit the North Penn High School international youth exchange program.

A23 Acting for the Stage—Adults

A creative, fast-moving course for those new to performing or those with mountains of experience. Each actor will grow to a new personal plateau with exercises, improv, mime, monologues and advanced scene work. Final demo during last class for family and friends. Instructor Will Liegel is a theatre professional with nearly forty years as a director and hundreds of previous shows from which to draw.

INSTRUCTOR: WILL LIEGEL, T&K

- ▶ Tuesday, 10/5/2010-11/30/2010 (8 Sessions)
- ▶ No Class: 11/2/2010
- ▶ NPHS/F125/F126 ▶ 7-8:30 p.m.
- ▶ Fee: \$52 (Gold Card Not Honored)

Photography

Art Alliance Classes are offered in partnership with the North Penn Community Education Program. The Gold Card Fee is not honored for any of the NPAA classes.

A24 Watercolor

Learn color theory and composition basics. Experience the fluidity of the medium and experiment with various painting techniques, while blending personal preference and interpretation. Class will utilize a variety of subject matter to learn about color harmonies. A \$70 materials fee, payable to the instructor, will include required supplies for class. Bring paper and pencil to the first class.

INSTRUCTOR: BARBARA MOSS BUSCHER, NP ART ALLIANCE

- ▶ Monday, 9/27/2010-12/13/2010 (10 Sessions)
- ▶ No Class: 10/11/2010, 11/8/2010
- ▶ NPHS/J12 ▶ 7-9 p.m.
- ▶ Fee: \$99 (Gold Card Not Honored)

A25 Drawing

Whether you are a beginning or an experienced artist, you will learn composition, use of lines and shading from a professional illustrator. Drawings will be of real objects, photos and your imagination and will use both black and white and color media.

INSTRUCTOR: DAN FIONE, NP ART ALLIANCE

- ▶ Monday, 9/27/2010-12/13/2010 (10 Sessions)
- ▶ No Class: 10/11/2010, 11/8/2010
- ▶ NPHS/J7 ▶ 7-9 p.m.
- ▶ Fee: \$93 (Gold Card Not Honored)

A26 Ceramics/Pottery

All levels welcome, intro to hand building, pinch, coil and slab methods. Open studio time for experienced students. A basic potter's wheel will be available for experienced students and a \$35 materials fee will be payable to the instructor. INSTRUCTOR: CARA WILSON, NP ART ALLIANCE

- ▶ Thursday, 10/7/2010-12/2/2010 (8 Sessions)
- ▶ No Class: 11/25/2010
- ▶ NPHS/J7 and J12 ▶ 7-9 p.m.
- ▶ Fee: \$89 (Gold Card Not Honored)

A27 Basic Cartooning For Beginner Adults

Create your own cartoons. Portray characters in action and with perspective. Learn basic proportions of the human figure. Pencil, inking and lettering techniques will be explored. Project: to complete one cartoon panel. Complexity depends on your skill level. A list of supplies will be discussed at first class. Bring paper and pen to first class.

New!

INSTRUCTOR: CAROLINE NIESLEY, NP ART ALLIANCE

- ▶ Thursday, 10/7/2010-12/16/2010 (10 Sessions)
- ▶ No Class: 11/25/2010
- ▶ NPHS/J7 ▶ 7-9 p.m.
- ▶ Fee: \$99 (Gold Card Not Honored)

K15 Oil/Acrylic Painting for Children Age 10-Adult

(See page 9 for full description.)

D10 Beginning Digital Imaging

Enter the fascinating world of digital photography image modification in this entry-level course using Adobe PhotoShop® Elements. Learn techniques the pros use to adjust and modify photos, such as removing defects, adding items and text, adjusting image quality and more. Students must feel comfortable using a computer, have access to Adobe PhotoShop® Elements or Adobe PhotoShop® and a digital camera or scanner. Cost includes materials fee.

INSTRUCTOR: ALLISON KROSINICK, NP ART ALLIANCE

- ▶ Wednesday, 9/29/2010-12/8/2010 (10 Sessions)
- ▶ No Class: 11/24/2010
- ▶ NPHS/K43 ▶ 6:30-9 p.m.
- ▶ Fee: \$130 (Gold Card Not Honored)

D11 Photography: Introduction

This introductory course to photography, designed especially for digital camera users, teaches you to use the camera as a creative tool by using different camera modes for people, landscapes, sports, flowers, etc. Course includes a trip to Valley Forge Park on Saturday, October 9, 2010 and a night photography field trip on Wednesday, October 13, 2010.

INSTRUCTOR: LOU LIGUORI

- ▶ Wednesday, 9/22/2010-10/20/2010 (6 Sessions with Field Trips)
- ▶ NPHS/K125 ▶ 7-9 p.m.
- ▶ Fee: \$53 ▶ Gold Card Fee: \$21

D12 Photography: Intermediate

Learn in-depth skills for photographing people, flowers, sporting events and more. Includes a field trip on Saturday, November 20 and photo assignments each week for "how-to" experience. There will be a field trip on Wednesday, December 1 to Fischer Park. Photos will be critiqued in class in terms of lighting, composition and camera technique. A digital SLR camera is preferred. A tripod is recommended.

INSTRUCTOR: LOU LIGUORI

- ▶ Wednesday, 11/3/2010-12/8/2010 (6 Sessions with Field Trip)
- ▶ No Class: 11/24/2010
- ▶ NPHS/K125 ▶ 7-9 p.m.
- ▶ Fee: \$53 ▶ Gold Card Fee: \$21

Special Interest

I 10 Living Your Passions

Are you living the life of your dreams? Take the Passion Test™ to clarify your values and priorities. Discover your destiny by tapping into the unlimited potential of your heart and mind to reveal your life's true passions. Then, turn your dreams into reality by engaging in fun, insightful and practical exercises. A \$20 book fee is payable to the instructor the first night of class. INSTRUCTOR: CATHERINE JOHNSON

- ▶ Monday, 11/15/2010-11/29/2010 (3 Sessions)
- ▶ NPHS/K134 ▶ 6:30-9 p.m.
- ▶ Fee: \$44 ▶ Gold Card Fee: \$20

I 11 & I 12 Invest In Yourself: Grow Your Self-Confidence & Marketability

In this dynamic supportive class, we will learn how to "brag" in a healthy way and discover the difference between being assertive vs. aggressive. Through activities, shared stories and inspirational readings, we will grow self confidence and motivation. Let's have fun and show our magnificent selves!

INSTRUCTOR: NORM DANIS, M.A., M.S.

- #I11
- ▶ Monday, 9/27/2010-10/25/2010 (3 Sessions)
- ▶ No Class: 10/11/2010, 10/18/2010
- ▶ NPHS/K28 ▶ 7:30-8:45 p.m.
- ▶ Fee: \$45 ▶ Gold Card Fee: \$20

- #I12
- ▶ Saturday, 10/16/2010 (1 Session)
- ▶ NPHS/K30 ▶ 10 a.m.-1 p.m.
- ▶ Fee: \$31 ▶ Gold Card Fee: \$15

I 13 & I 14 Handling Difficult People

Conflicts or differences of opinion are part of daily life. By learning our personal patterns, deciding on a win-win approach, communicating better and problem solving you change volatile situations with others into solutions, where everyone wins! INSTRUCTOR: NORM DANIS, M.A., M.S.

- #I13
- ▶ Monday, 11/22/2010-12/6/2010 (3 Sessions)
- ▶ NPHS/K28 ▶ 7:30-8:45 p.m.
- ▶ Fee: \$45 ▶ Gold Card Fee: \$20

- #I14
- ▶ Saturday, 11/13/2010 (1 Session)
- ▶ NPHS/K30 ▶ 10 a.m.-1 p.m.
- ▶ Fee: \$31 ▶ Gold Card Fee: \$15

I 15 Reiki

Learn about this ancient healing system and how it helps you cope with today's world of increased stress. The history of Reiki and a treatment demonstration will be included. You will also learn more about its benefits, receive special attunement processes and have an opportunity to learn hand positions and practice this universal life energy. Please bring a yoga mat. Limited Enrollment. INSTRUCTOR: MARION MCGOWEN

- ▶ Saturday, 11/6/2010 (1 Session)
- ▶ NPHS/K28 and K30 ▶ 9 a.m.-4:30 p.m.
- ▶ Fee: \$79 (Gold Card Not Honored)

Baking & Cooking

B10 Wilton Cake Decorating Basics

Come and enjoy the first steps in cake decorating! In this course, you will learn the fundamentals of cake decorating as well as how to create impressive decorations. Please bring the following supplies to class: Wilton Decorating Basics Student Kit, Decorating Basics student book, #1 can of Wilton Ready-to-use Decorating Icing, 6 plain flat cookies with a smooth top surface (e.g. sugar cookie), box to transport cookies home, pen, paper, sticky notes, scissors, damp cloth and gallon storage bag. INSTRUCTOR: ELLEN PERLA

- ▶ **Saturday, 10/23/2010-11/13/2010 (4 Sessions)**
- ▶ NPHS/F139 ▶ 10 a.m -12 p.m.
- ▶ **Fee: \$45 ▶ Gold Card Fee: \$25**



B11 Healthy Hors D'Oeuvres & Dips

We'll look at healthier (yet delicious!) alternatives to holiday entertaining. A material fee of \$25 will be paid to the instructor the first night of class. INSTRUCTOR: KATHY WOLPER

- ▶ **Tuesday, 10/5/2010-10/19/2010 (3 Sessions)**
- ▶ NPHS/F131 ▶ 6:30-8:30 p.m.
- ▶ **Fee: \$37 ▶ Gold Card Fee: \$15**

B12 Hors D'Oeuvres and Dips Part II

If you took Part I in the Spring, you will love learning new party recipes from Kathy. If you didn't take Part I, join us anyway! A materials fee of \$24 will be payable to the instructor the first night of class.

INSTRUCTOR: KATHY WOLPER

- ▶ **Monday, 10/25/2010-11/15/2010 (3 Sessions)**
- ▶ **No Class: 11/8/2010**
- ▶ NPHS/F131 ▶ 6:30-8:30 p.m.
- ▶ **Fee: \$37**
- ▶ **Gold Card Fee: \$15**

B13 Brunch Foods

Learn to make great brunch recipes that will help you enjoy your guests during the holidays AND feed them a delicious spread for brunch. Recipes are different than Breakfast Pastries and Spreads class. A materials fee of \$8 will be paid to the instructor the first night of class.

INSTRUCTOR: KATHY WOLPER

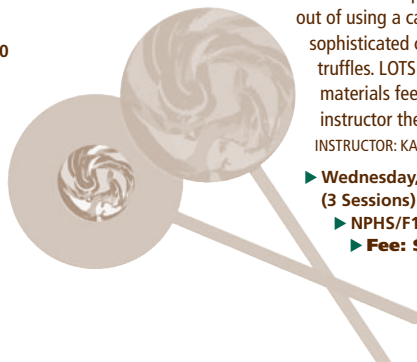
- ▶ **Tuesday, 10/26/2010 (1 Session)**
- ▶ NPHS/F131 ▶ 6:30 - 8:30 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: \$12**

B14 Candy Making

In this three-week program, Kathy will take the fear out of using a candy thermometer. We'll make sophisticated candies like toffee, turtles and truffles. LOTS of samples-mmmm good! A materials fee of \$25 is payable to the instructor the first night of class.

INSTRUCTOR: KATHY WOLPER

- ▶ **Wednesday, 11/3/2010-11/17/2010 (3 Sessions)**
- ▶ NPHS/F131 ▶ 7-9 p.m.
- ▶ **Fee: \$37 ▶ Gold Card Fee: \$15**



Financial Seminars

F10 Everything You Really Should Know About Long Term Care

Topics include what Medicare, Medicaid and health insurance cover; new legislation and tax laws; the actual cost of getting care at home, in nursing homes or assisted living facilities; how to understand the confusing options and choices in all insurance policies; how to compare policies; and more. This seminar is not a sales pitch!

INSTRUCTOR: CHARLES KLAYMAN, CLTC, CSA

- ▶ **Tuesday, 10/12/2010 (1 Session)**
- ▶ NPHS/K30 ▶ 7-9:15 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

F11 & F12 Homebuyer's Seminar

Achieve the American Dream of homeownership by learning that you too can buy a home! Come get the facts. Understand how to shop for a home, the mortgage process, closing costs, credit reporting and credit repair, tax benefits, home inspections and realtor importance all in one informative session!

INSTRUCTOR: SUZI SHEARON JANSSENS

- #F11**
- ▶ **Monday, 10/18/2010 (1 Session)**
- ▶ NPHS/K28 ▶ 7-9 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

- #F12**
- ▶ **Saturday, 11/6/2010 (1 Session)**
- ▶ NPHS/K134 ▶ 9-11 a.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

F13 How to Patent and Profit from Your Invention

Learn almost everything you need to know about the U.S. Patent system and protecting your invention. Topics include determining if an idea is patentable, developing an idea, filing for a patent, how the system works and leasing patent rights for royalties.

INSTRUCTOR: ERIC LAMORTE

- ▶ **Tuesday, 10/26/2010 (1 Session)**
- ▶ NPHS/K30 ▶ 7-9:30 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

F14 & F15 Financial Actions During & After Job Transition

An in-depth discussion about the financial issues that are faced in job transition and after, i.e. cash management, insurance coverage, what to do with the 401k and how to be an educated consumer when seeking help. No prerequisites. INSTRUCTOR: DONALD ALBACKER



- #F14**
- ▶ **Tuesday, 10/12/2010 (1 Session)**
- ▶ NPHS/K125 ▶ 7-9 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

- #F15**
- ▶ **Saturday, 10/23/2010 (1 Session)**
- ▶ NPHS/K30 ▶ 10 a.m.-12 p.m.
- ▶ **Fee: \$24 ▶ Gold Card Fee: Free**

Girls Fall Lacrosse Clinic

This clinic will emphasize stickwork and offensive and defensive concepts of the game of lacrosse. Drills, skill and games will be specifically geared to meet the needs of all players from beginners to more advanced levels. Different drills and stations will also be demonstrated at the clinic. INSTRUCTOR: JAMI WILUS

- ▶ **Saturday, October 9, 2010**
- ▶ **Penndale Middle School**
- ▶ **12-4 p.m.**
- ▶ **Fee: \$50 (Gold Card Not Honored)**

Call (215) 853-1029 for more information.

GOLD CARD CLUB

Residents of the North Penn School District who are at least 60 years old may become members of the GOLD CARD CLUB. Members may participate in one course each term free of charge or at the GOLD CARD discount fee. Some programs do not qualify for GOLD CARD discounts. Interested persons should contact the Office of School/Community Engagement at 215-853-1028 or 215-853-1029.

For more information, or questions regarding registration, please contact your Friendly Helpers from the North Penn School District Community Education Office.

Paula Malley: 215-853-1028
Gail Beigel: 215-853-1029

F.A.C.E. - Community/Engagement

A series of free workshops to educate, engage and encourage parents and caregivers.



For information on the Family & Community Engagement courses, please contact Linda Abram, *Family and Community Engagement Specialist, Educational Services Center*. Phone: 215-853-1091 | Email: abramla@npenn.org

FACE 1 Getting to know our English Language Learner Students

The objectives of this community opportunity are to acquaint parents to the ESL program in the North Penn School District and its ELL population. This workshop will introduce the NPSD ESL Program, examine the roles of the ESL and classroom teacher and discuss accommodations to instruction and assessment. Time will be given for an introduction to different cultures and how culture impacts their school experience. INSTRUCTOR: MARILYN LOEFFLER

- ▶ Monday, 10/4/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

FACE 2 Effective Parent/Teacher Communication

A parent/guardian is a child's main teacher and advocate and plays an important part in a student's academic success. Whether you are a parent/guardian or a teacher, learn strategies to make the parent/guardian-teacher relationship a positive and productive experience for all! INSTRUCTOR: ANNE WARREN

- ▶ Wednesday, 10/6/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

FACE 3 Response to Instruction and Intervention (RtII) What is RtII?

Join us to learn more about this comprehensive, multi-tiered educational framework that is being implemented in grades K-3 in all 13 of our elementary schools. Learn how teachers are identifying student needs and providing additional targeted instruction during STAR time to support all students in achieving their highest level. INSTRUCTOR: AMBER MOLLOY

- ▶ Wednesday, 10/20/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

FACE 4 Helping Your Child Succeed in School

There are many questions parents have about what they can do to help their children do as well as possible in school. This workshop will cover topics like differences in learning, interacting with school staff, developing healthy attitudes/habits about school/homework and helping children cope with stress and pressures. INSTRUCTOR: CENTER FOR PARENTING EDUCATION

- ▶ Tuesday, 10/26/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

FACE 5 Single Parenting

Single parents face unique issues and situations every day. This workshop will provide information in areas such as discipline and balancing work and home. Come for resources and support with managing the challenges, stresses and triumphs of single parenting.

INSTRUCTOR: NORTHWESTERN HUMAN SERVICES

- ▶ Thursday, 11/4/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

FACE 6 Who is the Alien Invading My Sweet Child's Body?

Raising children can present daily challenges. This workshop will provide you with ideas, suggestions and resources on how to address the changes throughout your child's school life. INSTRUCTOR: NPSD GUIDANCE STAFF

- ▶ Thursday, 11/11/2010 (1 Session)
- ▶ ESC-Conference Room A ▶ 7-8:30 p.m.
- ▶ Fee: **FREE, but Must Register**

CLASS SIZE IS LIMITED. REGISTRATION IS REQUIRED.

Free 2010 Travelogues

Travelogues will be held on Monday nights at 7:30 p.m. in the Audion at North Penn High School. No reservations are necessary. For more information on the Travelogues, please contact 215-853-1029.

Rio DeJaneiro to Easter Island—Part I

Presenter: Dr. Richard Alpert
▶ Monday, 10/4/2010

Rio DeJaneiro to Easter Island—Part II

Presenter: Dr. Richard Alpert
▶ Monday, 10/25/2010

Over and Under—Water Adventures in the Land Down Under

Presenter: Peter Williams
▶ Monday, 11/1/2010

IN-PERSON REGISTRATION

FOR FALL 2010 & WINTER 2011 COMMUNITY EDUCATION CLASSES

▶ Wednesday, September 15, 2010

▶ 5-8 p.m.

▶ Educational Services Center
401 East Hancock St.
Lansdale, PA 19446

A 5% discount will be given for registrations received on this night.

**Registrations can be mailed in before September 15, 2010.

MARK YOUR CALENDAR BUS TO THE FUTURE

▶ Friday, November 12, 2010

A special way to celebrate North Penn schools and kick off American Education Week! You'll tour several North Penn district schools, buildings and departments. See first-hand the important contributions our public schools are making to ensure our community's future. For more information on this event and to reserve your spot, please contact 215-853-1021.

Use the Course and Trip Enrollment Forms (pg. 15) to register for trips and all classes, except Aquatics. All classes will be held at North Penn High School (NPHS) unless otherwise noted. See page 15 for class locations.

L10 Spotlight on Musical Eras

One night of Baroque, one of Classical, one of Romantic, etc. The sixth and last class will be an opportunity for the participants to present their favorite composition to the class.

INSTRUCTOR: EDWARD HELLER

- ▶ Wednesday, 10/6/2010-11/10/2010 (6 Sessions)
- ▶ NPHS/K30 ▶ 7:15-9:15 p.m.
- ▶ Fee: \$39 ▶ Gold Card Fee: \$29

L11 Simple Ways to Revive Your Home

A journey of your imagination! Open up your mind for an "Ah Ha" moment. Utilizing various mediums, tweaking your settings, revamp one of the rooms in your house or the entire home! Totally fun, great first class to get your creative juices flowing. Bring photos of your decorating questions to class.

INSTRUCTOR: DONNAMARIE BATES

- ▶ Tuesday, 10/5/2010-10/12/2010 (2 Sessions)
- ▶ NPHS/E15 ▶ 7-9 p.m.
- ▶ Fee: \$35 ▶ Gold Card Fee: \$20

L12 "Color with No Regrets"

Are you looking for color confidence? Do you cringe each time you select a color? Join our course developed so you leave with confidence and the ability to "color your world" successfully. INSTRUCTOR: DONNAMARIE BATES

New!

- ▶ Tuesday, 10/19/2010 (1 Session)
- ▶ NPHS/K28 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: \$15

L13 'Tis the Season



New!

This holiday, create magical memories without mega money. Decorate with treasures you already own, but let's refresh them a bit. Create beautiful rooms decked out for the festivities with what you

already own. You should bring to class the item you wish to "recreate," hot glue gun and scissors. A \$10 materials fee will be payable to the instructor. INSTRUCTOR: DONNAMARIE BATES

- ▶ Tuesday, 11/9/2010 (1 Session)
- ▶ NPHS/F139 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: \$15

L14 & L15 Color Analysis

Learn inexpensive ways to freshen your look and wardrobe on a budget including use of scarves and jewelry. Fabric draping will be used to determine your very best colors. Please do not wear makeup to class. Class limited to 8 people. INSTRUCTOR: MEREDITH BIRCHALL

- ▶ #L14
- ▶ Tuesday, 10/5/2010 (1 Session)
- ▶ NPHS/E16 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: \$15

- ▶ #L15
- ▶ Thursday, 10/14/2010 (1 Session)
- ▶ NPHS/K28 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: \$15

L16 Core Wardrobe Shopping for Women

Shop with Meredith at a variety of clothing stores to learn how to put together a personal core wardrobe. Learn how to choose the correct styles, colors and accessories. We'll meet at Chico's at the Shoppes of English Village. Pre-requisite: Color Analysis class. Class limited to 8 people.

INSTRUCTOR: MEREDITH BIRCHALL

- ▶ Tuesday, 10/26/2010 (1 Session)
- ▶ The Shoppes of English Village ▶ 6:30-9 p.m.
- ▶ Fee: \$29 ▶ Gold Card Fee: \$15

L17 Make-Up for a Beautiful Face

In this fun and interactive class, you will "play" with make up. Learn tips and techniques to enhance your best features, with an emphasis on learning your most flattering shades. Do not wear make-up and bring your current make-up to class - new colors and supplies will be provided. Class limited to 8 people. INSTRUCTOR: MEREDITH BIRCHALL

- ▶ Wednesday, 11/3/2010 (1 Session)
- ▶ NPHS/E16 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: \$15

L18 Fall Gardening

Fall is a great time to work in your perennial and herb gardens. Many plants can be moved and some cut back. There are numerous tasks to do to get your gardens ready for Spring. Bring pen, paper and questions to class.

INSTRUCTOR: LEW LARASON

- ▶ Tuesday, 9/28/2010-10/5/2010 (2 Sessions)
- ▶ NPHS/K30 ▶ 7-9 p.m.
- ▶ Fee: \$35 ▶ Gold Card Fee: \$15

L19 Feng Shui and Your Bedroom

The Chinese Five Element Theory is one of the bases for Feng Shui practice. Fire, Water, Earth, Wood and Metal are five energies that are reflected in the objects we own, the colors we choose and even our favorite seasons of the year. Learn how to create the feeling tone of those elements to create beauty, harmony and comfort in your living spaces and lives. Jamie Nouri hosts this program and is a Feng Shui consultant and teacher. INSTRUCTOR: JAMIE NOURI

- ▶ Monday, 10/4/2010 (1 Session)
- ▶ NPHS/K131 ▶ 7-9 p.m.
- ▶ Fee: \$24 ▶ Gold Card Fee: Free

L26 Birding

Visit four local birding hotspots in search of our feathered friends. For both beginners and experienced outdoor enthusiasts. Bring binoculars and dress for the weather.

September 16 - Norristown Farm Park
September 23 - Audobon Homestead (Mill Grove)
October 14 - Peace Valley Park, Doylestown
October 21 - Green Lane Reservoir, Green Lane
INSTRUCTOR: RUTH PFEFFER

- ▶ Thursday, 9/16/2010-10/21/2010 (4 Sessions)
- ▶ 8-11 a.m.
- ▶ Fee: \$59 ▶ Gold Card Fee: \$44

***Don't forget to check out Ruth Pfeffer's trip to Hawk Mountain on page 16.**

COURSES WILL BE HELD AT MOLLY'S COUNTRY KENNELS

2205 Wentz Church Road • Lansdale, PA 19446
GOLD CARD NOT HONORED

L20 Canine Good Citizen and Therapy Dog Training

This class is for those who want to obtain the AKC Canine Good Citizen title for their dogs and also to certify their dogs with Therapy Dogs International (TDI). A maximum of six dogs and handlers will learn the skills needed to pass both tests, which will be given at the final class. Prerequisite: Level 1 Obedience Training (puppy kindergarten is not sufficient).

INSTRUCTOR: JOHN BICKEL: MOLLY'S COUNTRY KENNELS

- ▶ Sunday, 9/26/2010-11/7/2010 (6 Sessions)
- ▶ No Class: 10/31/2010
- ▶ Molly's Country Kennels ▶ 12:15 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

L21 Dog Agility Training

Agility is a sport for dogs, which involves a series of obstacles through which you and your dog must navigate. Activities include jumps, racing through tunnels, walking the "teeter" and climbing and descending the A-frame. Class size is limited to six pairs of dogs and owners. INSTRUCTOR: JOHN BICKEL, MOLLY'S RUN

- ▶ Sunday, 9/26/2010-11/7/2010 (6 Sessions)
- ▶ No Class: 10/31/2010
- ▶ Molly's Country Kennels ▶ 1:30 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

L22, L23 & L24 Dog Obedience Training

Learn to make your dog a better companion through the teaching of behavior-oriented exercises. Dogs will learn to sit, lie down, stay, stand, heel, come when they are called and remain in control when approached by a stranger. Motivation is stressed, correction or punishment is de-emphasized. Minimum age of dog is eight weeks. Class size is limited to six dogs.

- ▶ #L22
- INSTRUCTOR: KATHY NORSWORTHY, MOLLY'S COUNTRY KENNELS
- ▶ Tuesday, 9/28/2010-11/2/2010 (6 Sessions)
- ▶ Molly's Country Kennels ▶ 6:45 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

- ▶ #L23
- INSTRUCTOR: ROSALIE COULTER, MOLLY'S COUNTRY KENNELS
- ▶ Wednesday, 9/29/2010-11/3/2010 (6 Sessions)
- ▶ Molly's Country Kennels ▶ 6:45 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

- ▶ #L24
- INSTRUCTOR: ROSALIE COULTER, MOLLY'S COUNTRY KENNELS
- ▶ Saturday, 10/2/2010-11/6/2010 (6 Sessions)
- ▶ Molly's Country Kennels ▶ 12:15 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

L25 Fun Tricks

In this class, we increase your bond with your dog and demonstrate to you how smart dogs truly are. You will have fun teaching your dog a variety of tricks, including play dead, roll over, sit pretty, jump through hoops and many more. Come join the fun! INSTRUCTOR: KATHY NORSWORTHY, MOLLY'S COUNTRY KENNELS

- ▶ Tuesday, 9/28/2010-11/2/2010 (6 Sessions)
- ▶ Molly's Country Kennels ▶ 8 p.m.
- ▶ Fee: \$195 (Gold Card Not Honored)

Continued Learning

E10 & E11 AARP Driver Safety Program

The AARP Driver Safety Program is a classroom driver improvement course designed for motorists age 50 and older. Learn about the normal changes that occur in vision, hearing and reaction time as we age and driving tips for handling these changes with an emphasis on safety strategies. Bring a \$14 check payable to AARP and your PA driver's license to the first class. A discounted cost of \$12 will apply for current AARP members with membership card or number.

INSTRUCTOR: BOB BOCCUTI

#E10

- ▶ Tuesday, 9/28/2010-10/12/2010 (3 Sessions)
- ▶ NPHS/K28 ▶ 6:15-9 p.m.
- ▶ **Fee: Fee payable to AARP**
- ▶ **Gold Card Fee: Fee payable to AARP**

#E11

- ▶ Wednesday, 10/20/2010-11/3/2010 (3 Sessions)
- ▶ NPHS/K28 ▶ 6:15-9 p.m.
- ▶ **Fee: Fee payable to AARP**
- ▶ **Gold Card Fee: Fee payable to AARP**

E12 Memory Enhancement Training

An exciting and innovative educational program to enhance your memory and keep it keen. The course is designed to help acquire general strategies to improve memory, remember names and faces, develop techniques to recall numbers and learn about factors that affect memory. Designed for adults 40 and older who wish to improve or maintain their memory. NOT INTENDED for people with Alzheimer's Disease or other forms of dementia. This is a licensed program of the UCLA Center of Aging with facilitators trained by the UCLA Center of Aging. CLASS SIZE IS LIMITED. INSTRUCTOR: THE PEAK CENTER

- ▶ Thursday, 10/14/2010-11/11/2010 (5 Sessions)
- ▶ NPHS/K30 ▶ 7-9 p.m.
- ▶ **Fee: \$58** (Gold Card Not Honored)

E13 Handwriting Analysis

Learn what people are really like by reviewing their handwriting strokes. This course will change the way you look at yourself and others. You can use it to amuse yourself, entertain people or serve the public. It is both fun and serious and never boring. Since it reveals someone's personality, it can be used for selecting employees, helping men and women to choose a life partner and many other things. Grim is the author of the groundbreaking book "Strokes. Inside the Fascinating, Mysterious World of Handwriting Analysis."

INSTRUCTOR: ALLAN GRIM

- ▶ Monday, 11/15/2010-12/6/2010 (4 Sessions)
- ▶ NPHS/K129 ▶ 7-9 p.m.
- ▶ **Fee: \$45** ▶ **Gold Card Fee: \$20**

E14 Solving Sudoku

Everybody can become a Sudoku solving wiz. The Either/Or Method, which is easy to learn and easy to apply, is the merging of decision making and decision tree processes into a system that solves Sudoku puzzles one hundred percent of the time. There are no difficult concepts to learn. Good old-fashioned logic is the foundation and driving force for this process. INSTRUCTOR: DAVID SOLAN

- ▶ Wednesday, 10/6/2010-10/27/2010 (4 Sessions)
- ▶ NPHS/K131 ▶ 7-9 p.m.
- ▶ **Fee: \$45** ▶ **Gold Card Fee: \$25**

E15 American Sign Language

Challenge yourself to learn the basics of American Sign Language (ASL), a useful and educational social tool. The introductory steps of the language are presented in a fun, enjoyable atmosphere. INSTRUCTOR: RENEE HITCHMAN

- ▶ Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- ▶ NPHS/K134 ▶ 7-9 p.m.
- ▶ **Fee: \$75** (Gold Card Not Honored)

E16 You're On the Air... How to Really Make it in Voice-Overs

Voice-overs are hot today! Learn about an exciting new way to get around the competition and turn voice-overs into a thriving full or part-time business. Voice-over technique will be discussed as well as numerous opportunities, income potential and the all-important demo and how to have it produced. You will also step up to the microphone to do some practice recording and, best of all, hear the results.

INSTRUCTOR: ROB SCIGLIMPAGLIA

- ▶ Monday, 10/25/2010 (1 Session)
- ▶ NPHS/K125 ▶ 7-9 p.m.
- ▶ **Fee: \$24** (Gold Card Not Honored)

E17 GED® Preparation

Review the fundamentals of math and grammar and familiarize yourself with the GED® test format. Practice tests will be given during the last two classes. Spanish GED® test available. INSTRUCTOR: VICKIE PENDLETON

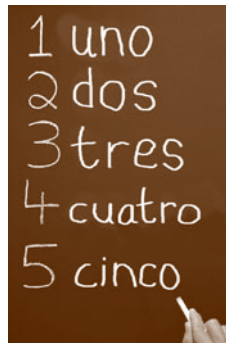
- ▶ Thursday, 10/7/2010-12/16/2010 (10 Sessions)
- ▶ No Class: 11/25/2010 ▶ NPHS/K125 ▶ 6-8 p.m.
- ▶ **Fee: \$90** (Gold Card Not Honored)

E18 Spanish I

If you have no previous knowledge of Spanish, or if you are looking to refresh your basic skills, Spanish I is for you. This class will teach you the basics. If you are going on a trip, if you can benefit at work or if you just want to learn more phrases, join this enjoyable Spanish class.

INSTRUCTOR: VALERIA SGARLATA

- ▶ Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- ▶ NPHS/K129 ▶ 7:15-9:15 p.m.
- ▶ **Fee: \$75** ▶ **Gold Card Fee: \$25**



E19 "Parliamo in Italiano!" (Beginning Italian)

"Parliamo in Italiano!" Let's speak Italian! Learn with a native Italian in a no-pressure course designed for beginners. This introductory course will expose you to the Italian culture and provide you with a basic foundation to the language. A \$12 materials fee is payable to the instructor the first day of class. INSTRUCTOR: FRANCESCA CALABRETTA

- ▶ Saturday, 9/25/2010-11/20/2010 (8 Sessions)
- ▶ No Class: 10/2/2010
- ▶ NPHS/E15 ▶ 9:30-11 a.m.
- ▶ **Fee: \$55** ▶ **Gold Card Fee: \$25**

E20 English as a Second Language (Beginner) for Adults

This beginning ESL class for adults will be modified to fit the needs of the students. Limited to 36 registrants. INSTRUCTOR: SHARON HAYES, MARILYN LOEFFLER

- ▶ Thursday, 9/30/2010-11/18/2010 (8 Sessions)
- ▶ Hatfield Elementary, Room 220 ▶ 6-8 p.m.
- ▶ **Fee: \$10** (Gold Card Not Honored)

E21 Staying Safe at Home: Preventing Falls



Statistics show that every year, one in three Americans over the age of 65 falls. This leads to injury, hospitalization, loss of independence and sometimes even death. Learning how to evaluate your environment for fall hazards can greatly reduce your risks and potentially avoid a life altering event. Whether you have a pesky throw rug in the hall or slippery soap in the shower, come prepared to review your unique circumstances with a health professional from the North Penn Visiting Nurse Association. This program is designed to assist both individuals and the people who care for them.

INSTRUCTOR: KATHRYN MCCARTER, NORTH PENN VISITING NURSES

- ▶ Thursday, 10/21/2010 (1 session)
- ▶ NPHS/K28 ▶ 6:30-8 p.m.
- ▶ **Fee: FREE, but Must Register**

2010-2011 NORTH PENN COMMUNITY FORUMS

North Penn School District presents:

"Teenage At-Risk Trends. What Every Parent Needs to Know"

- ▶ Monday, October 18, 2010
- ▶ NPHS Audion ▶ 7:45 p.m.

"Good Kids in a At-Risk World. Parenting Skills for the 21st Century"

- ▶ Monday, November 15, 2010
- ▶ Pennedale Middle School Auditorium
- ▶ 7-8:30 p.m.

North Penn School District Safe/Drug Free Committee Presentation

- ▶ Monday, February 28, 2011
- ▶ NPHS Audion ▶ 7:45 p.m.

Free babysitting will be available. Call 215-853-1091 for more details!

FREE!!! FREE!!! FREE!!!

Performing Arts & More

FOR YOUNGER CHILDREN, WE REQUIRE THAT THEY BE WALKED TO AND PICKED UP FROM THE ACTUAL CLASSROOM EACH WEEK. FOR OLDER CHILDREN, WE REQUIRE THAT YOU WALK YOUR CHILD TO AND FROM CLASS ON SPECIFIC DAYS WHEN THE BUILDING IS IN VERY HEAVY USE (OCT. 9; NOV. 6 AND NOV. 20).

- All classes taught by the staff of Theatre & Kids under the supervision of Will and Suzy Liegel.
- Students should report to the F-Pod balcony at NPHS each week.
- All classes end with a performance demo for parents.

K10 Theatre for the Very Young (Age 4 through Grade 1)

Popular class for young performers to experience a great "taste of theatre." Singing, dancing, pantomime, storytelling, improvisation, projection, make-believe and more. Three teachers move students from music to drama to dance in 25-minute periods divided into groups by age.

INSTRUCTOR: THEATRE AND KIDS

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/F-Pod Balcony ▶ 9-10:30 a.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

K11 & K12 Basic Acting

A great course for younger students who will learn creative theatre games, beginning improvisation, script reading, aerobics, basic diction, projection, accents and body language. Demo for family and friends at last class. No previous experience necessary. INSTRUCTOR: THEATRE AND KIDS

#K11 (Grades 2-4)

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS F-Pod Balcony ▶ 9-10:30 a.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

#K12 (Grades 2-5)

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS F-Pod Balcony ▶ 11 a.m.-12:30 p.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

K13 Basic Acting (Grades 5-8)

Learn the basics of improvisation, scene development, projection, dialect, diction, character creation and more. This class is fast moving and more involved in scripts and scene reading. No previous experience necessary. INSTRUCTOR: THEATRE AND KIDS

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS F-Pod Balcony ▶ 9-10:30 a.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

K14 Mini Musical Production (Grades 2-6)

This session, our Mini-Musical will be Cinderella. The classic tale of the young princess, complete with stepmother, stepsisters, kings, queens, lords and ladies of the court, one fairy godmother and a handsome prince. A great way to start in theatre - full sets and costumes in performance on the last day! INSTRUCTOR: THEATRE AND KIDS

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS F-Pod Balcony ▶ 11 a.m.- 12:30 p.m.
- ▶ Fee: \$55 (Gold Card Not Honored)

For more information, or questions regarding registration, please contact your Friendly Helpers from the North Penn School District Community Education Office. Paula Malley: 215-853-1028 or Gail Beigel: 215-853-1029

Theatre for Young Performers Play

GRADES 7 - 12

The Lion, the Witch and the Wardrobe by Joseph Robinette

Auditions: Thursday, September 16 from 6-9 p.m. and Saturday, September 18 from 12-3 p.m. at NPHS F-Pod Balcony. \$80 Fee payable after casting.

Rehearsals: Thursday & Saturday, 9/23-11/6, NPHS/FPod

Kulp Elementary Rehearsals: 11/10, 11/11, 11/12

Performances: Saturday, November 13 at 2 p.m. and 7 p.m. at Kulp Elementary

Based on the book by C.S. Lewis. Join us on an amazing journey to the undiscovered land of Narnia! All your favorite characters, including Lucy, Susan, Peter, Edmund, Mr. Tumnus, the White Witch and even Aslan will come together in this magical tale of redemption and sacrifice. Actors grades 7-12 should bring a short monologue and be prepared to read from the script.

Curtain Time for Kids

LANSDALE AAUW

Spring 2011 • Pennedale Middle School

Check out the AAUW website for further information:

www.aauwlansdale.org/ctk/

K24 Babysitting (Ages 11-18)

Learn about caring for children 6-years-old and under, including child-care from birth to age 6, responsibilities and play activities for each age group. Focuses on personal, home and child safety, accident prevention and first aid and includes the American Heart Association CPR Anytime program. CPR is taught and participants receive a kit to take home containing a personal, inflatable CPR doll, a practice DVD and more.

INSTRUCTOR: NPVNA COMMUNITY HEALTH EDUCATION STAFF

- ▶ Saturday, 10/9/2010-10/16/2010 (2 Sessions)
- ▶ NPHS/K28 ▶ 9 a.m.-1:30 p.m.
- ▶ Fee: \$85 (Gold Card Not Honored)

K25 Pony Club for Children (Children ages 4 to 11)

New!

For your pony loving child, this course will help them learn as much as possible before starting riding lessons. They will do horse crafts, feed and groom the ponies, play interactive horse games and more! Each child, each week, rides or drives for a short period to introduce them to the basics. A ten-piece grooming kit comes with registration. For more information, visit www.penelopeponyparty.com.

INSTRUCTOR: DONNA BEERS, EVERYTHING LITTLE FARM

- ▶ Saturday, 10/2/2010-11/6/2010 (6 Sessions)
- ▶ Everything Little Farm, 223 Scott Road Bedminster, PA 18944
- ▶ 10:30 a.m.-12 p.m.
- ▶ Fee: \$135 (Gold Card Not Honored)

K26 Karate & Self Defense for Parents and Child

New!

Participate in karate lessons with your child and learn confidence, courage, patience and concentration. You will also learn valuable skills that can be used for self-defense. Ages 5 & up.

INSTRUCTOR: JUDY WRIGHT, ACTION KARATE

- ▶ Tuesday, 10/5/2010-10/26/2010 (4 Sessions)
- ▶ Kulp Elementary Gym ▶ 7:30-8:15 p.m.
- ▶ Fee: \$40 for parent & one child \$15 for each extra child (Gold Card Not Honored)

COOKING FOR KIDS

K27 Lunch Club - Kids Favorite Healthy and Tasty Foods

Think your favorite sports figures eat junk? No way! Kathy Wolper of "Kathy's Just Desserts" will show your children how to make a meal that is as delicious as it is good! Great for kids 9-14 years of age. A materials fee of \$8 is payable to the instructor.

INSTRUCTOR: KATHY WOLPER, KATHY'S JUST DESSERTS

- ▶ Saturday, 10/9/2010 (1 Session)
- ▶ NPHS/K131
- ▶ 10 a.m.-12 p.m.
- ▶ Fee: \$24 (Gold Card Not Honored)

K28 Candy Making for Holiday Gift Giving

Kathy Wolper of "Kathy's Just Desserts" will work with kids to make many easy types of candies - perfect for holiday gifts for teachers, babysitters, coaches and grandparents! Great for kids ages 6-12. A \$15 materials fee is payable to the instructor the first day of class.

INSTRUCTOR: KATHY WOLPER, KATHY'S JUST DESSERTS

- ▶ Saturday, 10/16/2010-10/30/2010 (3 Sessions)
- ▶ NPHS/K131
- ▶ 10:30 a.m.-12 p.m.
- ▶ Fee: \$37 (Gold Card Not Honored)

Art & More

NORTH PENN ART ALLIANCE

Art Alliance classes are offered in partnership with the North Penn Community Education Program.

K15 Oil/Acrylic Painting (Children Age 10-Adult)

Beginning and skilled artists will learn basic oil painting techniques, color theory, composition and rules of perspective. Parents are required to attend the first class with school-aged children to get information regarding materials needed. Fee includes one canvas board.

INSTRUCTOR: WILLIAM LETVENKO, NP ART ALLIANCE

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/J18 ▶ 11 a.m. -1 p.m.
- ▶ Fee: **\$83** (Gold Card Not Honored)

K16 Drawing (2nd-4th Grades)

Learn the basics of drawing including line, form, contrast and perspective. Media will include pencil, charcoal, pastel and more. Recommended: at least one prior class in multimedia art. Fee includes materials fee.

INSTRUCTOR: AZELIA WETHERILL, NP ART ALLIANCE

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/H15 ▶ 9-10:30 a.m.
- ▶ Fee: **\$89** (Gold Card Not Honored)

K17 Drawing (Grades 5 and up)

You will review basic drawing concepts, then learn to develop and refine these skills using pencil, charcoal, pastel and more. Recommended: at least one prior class in multimedia art. Fee includes materials fee.

INSTRUCTOR: AZELIA WETHERILL, NP ART ALLIANCE

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/H15 ▶ 11 a.m.-12:30 p.m.
- ▶ Fee: **\$89** (Gold Card Not Honored)

K18-K20 Multimedia Art: Art I (K-3rd Grade)

Explore the world of art! Classes are multimedia and include drawing with different materials, painting, printmaking and sculpture. You will complete two fired clay projects. Classes geared to all age levels. Fee includes materials fee.

INSTRUCTOR: DEBBIE CELENZA, NP ART ALLIANCE

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/J7

- #K18 ▶ 9-10:30 a.m.
- #K19 ▶ 11 a.m.-12:30 p.m.
- #K20 ▶ 1-2:30 p.m.

▶ Fee: **\$89** (Gold Card Not Honored)

K21-K23 Multimedia Art: Art II (4th-7th Grade)

Explore the world of art! Classes are multimedia and include drawing with different materials, painting, printmaking and sculpture. You will complete two fired clay projects. Classes geared to all age levels. Fee includes materials fee.

INSTRUCTOR: SALLY NEIDERHISER, NP ART ALLIANCE

- ▶ Saturday, 9/25/2010-11/13/2010 (8 Sessions)
- ▶ NPHS/J12

- #K21 ▶ 9-10:30 a.m.
- #K22 ▶ 11 a.m.-12:30 p.m.
- #K23 ▶ 1-2:30 p.m.

▶ Fee: **\$89** (Gold Card Not Honored)



THE PLANETARIUM PROGRAM IS FOR KIDS & ADULTS

Planetarium Program

All programs available for adults and children ages 5 and up; children ages 5-12 must be accompanied by an adult. (These guidelines do not indicate age appropriateness of the programs.) To register, use the Course and Trip Enrollment Form on page 15. **Please list names of everyone attending.** All courses are taught by North Penn School District Planetarium Director Daniel Zielinski and are held in the North Penn High School Planetarium, Room C25. Fee: \$7 adults, \$5 students

P10 & P11 Astronomy By the Numbers

Join us in the planetarium for this advanced show about the massive numbers dealt with in astronomy. Geared for 8th grade and above, you will learn about planets, orbits, time and constellations. Questions will be answered and a telescope viewing follows (weather permitting).

- ▶ Tuesday, 10/5/2010
- ▶ NPHS/C25
- #P10 ▶ 7-8 p.m.
- #P11 ▶ 8:30-9:30 p.m.
- ▶ Fee: **Adults \$7**
Students \$5
- ▶ **Gold Card Fee:**
Free But Must Register

P12 & P13 NP Spaceship Jessica

Explore the solar system and visit our fellow planets, while traveling comfortably in the seats of the planetarium spaceship. Auto-piloted by a computer named Jessica, you will visit many objects in our solar system. With enough fuel, you may even reach out to Neptune or beyond! Questions will be answered and a telescope viewing follows (weather permitting).

- ▶ Tuesday, 10/12/2010
- ▶ NPHS/C25
- #P12 ▶ 7-8 p.m.
- #P13 ▶ 8:30-9:30 p.m.
- ▶ Fee: **Adults \$7**
Students \$5
- ▶ **Gold Card Fee:**
Free But Must Register

P14 How to Use My Telescope

Time to dust off your telescope and learn how to use it! This program will teach you how to calibrate your telescope and how to use it correctly. Only ONE class session with a "rain date" the following night (Tuesday, October 19). The planet Jupiter and the Moon will be available on October 18 and 19 for practice viewing.

- ▶ Monday, 10/18/2010
- ▶ Raindate: 10/19/2010
- ▶ NPHS/C25
- ▶ 8:30-9:30 p.m.
- ▶ Fee: **Adults \$7**
Students \$5
- ▶ **Gold Card Fee:**
Free But Must Register

P15 & P16 The Winter Sky

Through a short show and live lecture, learn what can be seen in the sky in the winter evenings. Come armed with your questions about the night sky and leave fulfilled with your questions answered and demonstrated on our 30' planetarium dome. This show will leave you with a greater understanding of the worlds around you. Questions will be answered and a telescope viewing follows (weather permitting).

- ▶ Tuesday, 10/26/2010
- ▶ NPHS/C25
- #P15 ▶ 7-8 p.m.
- #P16 ▶ 8:30-9:30 p.m.
- ▶ Fee: **Adults \$7**
Students \$5
- ▶ **Gold Card Fee:**
Free But Must Register

The Planetarium Program is for both Kids & Adults!

Please note: You must enter through the NPHS Main Doors to walk to the Planetarium.

Community Ed Illustration by NPHS graduate, Joe Pietrzak.

Aquatics

How to Join the Pool

Membership is required of all participants (residents and non-residents) age five and above.

Memberships are good for one year (from September through July) and are not transferable. The membership entitles each person to three free admissions to either the Tuesday, Wednesday or Friday night recreational or fitness swims. **There will be no refunds, only 1-year credits for withdrawal from class. Withdrawal from class must be before the first day of the class. There will be no credits given after the class starts.**

MEMBERSHIP FEES:

- ▶ \$14 resident, \$19 non-resident
 - ▶ \$35 resident family, \$49 non-resident family
- Membership is good from September to July.

SEASON PASS:

Season pass fee (for adults only) is \$85 and entitles swimmers to use the facility for all recreational and fitness swims September through July. Season pass holders must be members of the aquatics program.

MEDICAL CARDS:

Cards must be completed and returned to the pool office before participating in any of the programs. A parent or guardian may complete children's medical cards. Medical cards may be obtained at the Educational Services Center, located at 401 E. Hancock Street, Lansdale, PA 19446.

AQUATICS REGISTRATION REMINDER:

Enrollment for any aquatic class (except Scuba and North Penn Aquatic Club) will be accepted at the **IN-PERSON REGISTRATION on Wednesday, September 8, 6:30-8:30 p.m. in the NPHS sports lobby.**

Level Requirements

Skills listed must be mastered before advancement to next level.

Pre-beginner:

- ▶ rhythmical bobbing & exhaling
- ▶ back & prone float plus turn (unassisted)
- ▶ flutter kick – back & prone (20' with kick board)

Beginner:

- ▶ prone glide & kick
- ▶ back glide & kick
- ▶ over armstroke breathing to side
- ▶ change of direction

Beginner I:

- ▶ prone glide & kick (25')
- ▶ sit dive; over armstroke (50')
- ▶ bilateral breathing pattern

Beginner II:

- ▶ standing dive; overarm stroke (50 yds.)
- ▶ bilateral breathing pattern
- ▶ backstroke (30')

Adv. Beginner:

- ▶ continued skill development
- ▶ elementary backstroke

Intermediate I:

- ▶ continued skill development
- ▶ sidestroke

Intermediate II:

- ▶ continued skill development
- ▶ breaststroke

Swimmer and

Advanced Swimmer:

- ▶ continued skill development
- ▶ endurance

Stroke Improvement:

- ▶ must complete Advanced Swimmer
- ▶ designed for non-competitive swimmers
- ▶ further improve strokes with endurance
- ▶ work toward lifeguarding course

Please note - The program of instruction will be taught by experienced instructors. The teacher-student ratio will be approximately 1 to 5. Classes will not run with fewer than three students. Participants must be members of the Community Aquatic Program. Former participants should bring a copy of their last progress sheet to the first class. Parents will be asked to wait outside the pool during lessons.

Learn-to-Swim IN-PERSON REGISTRATION - Wednesday, September 8, from 6:30-8:30 p.m. in the NPHS Sports Lobby. Mail in registrations will not be accepted until after September 8. **Gold card will be honored for membership only.**

AQ1-4 Learn-to-Swim for Children

- ▶ Saturday, 9/11/2010-11/13/2010
- ▶ (No lessons Oct. 2, Nov. 6)
- ▶ **FEE: \$53 plus annual membership fee**

Children must be attending kindergarten or older, and be at least 45 inches tall to attend these swim lessons.

#AQ1

- ▶ 8:45-9:30 a.m.

Pre-beginner
Beginner
Beginner I
Beginner II
Adv. Beginner
Intermediate I

#AQ3

- ▶ 10:25-11:10 a.m.

Pre-beginner
Beginner
Beginner I
Beginner II
Adv. Beginner
Swimmer/Adv. Swimmer

#AQ2

- ▶ 9:35-10:20 a.m.

Pre-beginner
Beginner
Beginner I
Beginner II
Adv. Beginner
Intermediate II

#AQ4

- ▶ 11:15 a.m.-12 p.m.

Pre-beginner
Beginner
Beginner I
Beginner II
Adv. Beginner
Stroke Improvement

AQ5-6 After School Learn-to-Swim for Children

- ▶ Monday/Wednesday/Friday, 9/20/2010-10/8/2010
- ▶ (No lessons Oct. 1)
- ▶ **FEE: \$53 plus annual membership fee**

Children must be attending kindergarten or older, and be at least 45 inches tall to attend these swim lessons.

#AQ5

- ▶ 4:10-4:45 p.m.

Pre-beginner
Beginner
Beginner I

#AQ6

- ▶ 5:00-5:45 p.m.

Pre-beginner
Beginner
Beginner I
Beginner II
Adv. Beginner
Intermediate I
Intermediate II
Swimmer
Adv. Swimmer

AQ7 Adult Lap & Fitness Swim

Participants must be members of the Community Aquatic Program. This swim is open to the public and will be held each week, except on days when the school is closed for vacation or emergency school closing. No pre-registration is necessary. Participants must be older than 15 years of age. Fitness swimming lanes will be provided for members. Multiple programs will be running concurrently. The membership entitles each person to three free admissions.

- ▶ Beginning Tuesday, 9/14/2010 and continued through Monday, 6/5/2011
- ▶ Tuesday, 8-9:30 p.m. Wednesday, 7:30-9:30 p.m. Friday, 7:30-9:30 p.m.
- ▶ (Pool closed: Oct. 1; Nov. 5, 24, 26; Dec. 24 through Jan. 2)
- ▶ **DAILY FEE: Adult members \$4, guests \$5**

AQ8 Diving Instruction

Participants must be at least 8 years old, and be able to swim two widths of the diving pool (40 yards), tread water for two minutes and perform a standing forward dive from the side of the pool with reasonable form. Instruction will be geared to teaching and improving approaches, hurdles and take-offs, as well as instruction in the five required dives. This course is not designed for adults. Class size will be limited. Participants must be members of the Community Aquatic Program.

- ▶ Wednesday, 9/22/2010-11/10/2010, 6-7 p.m.
- ▶ **FEE: \$59 plus annual membership fee**

AQ9 Water Aerobics

Fun and fitness through water exercise. Ability to swim is not necessary. (Exercises performed in 3½-4 feet of water.) Class includes warm-up, progressive aerobic exercises, resistive exercises to music and cool-down.

- ▶ Wednesday, 9/22/2010-11/17/2010, 7:30-8:30 p.m.
- ▶ **FEE: \$59 plus annual membership fee**

AQ10 Five-Year-Old Learn to Swim

This course is designed specifically for water-adjusted children, who are 5-years-old and in kindergarten, but do not meet the basic height requirements of the regular Learn-to-Swim program. The basic objective of this class is to prepare the youngsters for group lessons, and to teach pre-beginner skills of floating, kicking and breathing. Teacher-student ratio will be 1 to 2.

- ▶ Tuesday/Thursday, 10/12/2010-11/9/2010
- ▶ 4:30-5 p.m.; 5-5:30 p.m.
- ▶ (Pool closed: Oct. 14)
- ▶ **FEE: \$53 plus annual membership fee**
- ▶ LIMITED ENROLLMENT

AQ11 Family Swims

Participants must be members of the Community Aquatic Program. The membership card entitles each person to three free admissions. This swim is open to the public and will be held every Friday evening except on days when the school is closed for vacation or emergency school closing. No pre-registration is necessary. This program is recreational and no formal program is provided. This is an excellent time to bring in your children who are enrolled in the various instructional programs so they can practice their skills. Children under the age of 12 years must be accompanied by an adult. Children under the age of 6 must have an adult accompany the child IN THE WATER at all times.

- ▶ Beginning Friday, 9/17/2010 and continued through Monday, 6/5/2011 ▶ 7:30-9:30 p.m.
- ▶ Pool closed: Oct. 1; Nov. 5, 26; Dec. 24, 31
- ▶ **DAILY FEE: Adult members: \$4 Student members: \$3 Adult guests: \$5; Student guests: \$4**

AQ12 Adult Swimming Improvement

Designed for adults interested in learning how to swim or improve their swimming skills. Class will be held depending on number of registrations.

- ▶ Tuesday, 9/21/2010-11/9/2010, 8-9 p.m.
- ▶ **FEE: \$59 plus annual membership fee**

Aquatics Registration Reminders

All aquatic classes are held at the North Penn High School pool. Adult Lap and Family Swim nights are open to the public.

IN-PERSON REGISTRATION will be held on Wednesday, September 8, 6:30-8:30 p.m. in the NPHS Sports Lobby. Mail in registrations will not be accepted until after September 8. Pool Membership required.

Please note - Both classes require that parents be prepared to swim as they will be in the water with their children.

AQ.13 Tots Swimming Instruction

This program is for youngsters 9 months to 3 years. Water adjustment will be taught through the use of games and stunts. A teacher, from the deck, will direct parents in the water to lead their children through the various activities. Parents must be members of the Community Aquatic Program.

- ▶ Tuesday/Thursday, 10/12/2010-11/9/2010, 4:30 p.m.
- ▶ (Pool closed: Oct. 14)
- ▶ **FEE: \$53 plus annual membership fee**

AQ.14 Preschool Instruction

This program is for children ages 3 to 5 who have not yet entered first grade. This class will help prepare the children for our group lessons program held after school and on Saturday mornings. The program is designed to help the children learn to relax in the water, to have fun and to introduce basic swimming skills of floating and kicking. Games, stunts and safety skills are taught to help develop water adjustment and confidence. A teacher, from the deck, will direct parents in the water to lead their children through various skills and aquatic games. Parents must be members of the Community Aquatic Program.

- ▶ Tuesday/Thursday, 10/12/2010-11/9/2010, 5 p.m.
- ▶ (Pool closed: Oct. 14)
- ▶ **FEE: \$53 plus annual membership fee**

Please note: Swim diapers must be worn in the pool instead of regular, disposable diapers.

AQ.15 Pre-Competitive Clinic

This program is designed for children ages 6 through 12 who are developing an interest in competitive swimming but are not ready to join the swim team. Participants must be able to swim one length of the pool freestyle demonstrating proper rhythmic breathing, steady kick and an arm recovery over the top of the water. Participants will be evaluated on the first night. Emphasis will be on the four competitive strokes, starts and turns. ENROLLMENT IS LIMITED!

- ▶ Monday/Thursday, 9/16/2010-11/18/2010, 6-7 p.m.
- ▶ (Pool closed: Sept. 23, 30; Oct. 7, 14)
- ▶ **FEE: \$62 plus annual membership fee**

AQ.17 Scuba

This course is designed to expose students to current knowledge and skills of scuba diving using National Association of Underwater Instruction (NAUI) course standards. Successful completion leads to a NAUI Open Water I certification. Participants must be at least 13-years-old and have average swimming ability including survival floating. For more information and registration, call the Divers' Den, 215-361-8181. INSTRUCTOR: PAUL HIGHLAND

- ▶ Wednesday (Dates TBA) 7:30-10:30 p.m.
- ▶ **FEE: \$160**



Lifeguard Training

SPRING AND SUMMER 2011

- ▶ **FEE: \$220, plus annual membership fee**

Call 215-368-3340 in January 2011 for more information. Please visit www.npenn.org for a more detailed course description.

North Penn Aquatic Club

USA SWIMMING/COMPETITIVE AGE GROUP SWIMMING AND DIVING TEAMS

- ▶ **Registration: September 7 & 8 from 7-9 p.m. in the NPHS Pool Lobby.**

The team competes in the Suburban Aquatic League. The dual meet competitions are held on Saturdays beginning in November and ending with championships in February. During the swim season, optional invitational meets (SAL, USS) are available. New membership is restricted to athletes residing in the North Penn School District. New members are required to register in person. All new athletes will be required to take a skill assessment (swim) test; please come prepared with a swim suit, goggles and towel at registration. For more information and a fee structure, please visit www.northpennaquaticclub.org.

Fall 2010 Community Aquatic Program Enrollment Form

For more information, please visit www.npenn.org, or contact 215-853-1028, 215-853-1029 or 215-368-3340.

Please note: Each registration *must* be paid for separately.

cash _____ family last name _____ date _____

check _____ street & number _____

charge _____ town _____ zip code _____

_____ cell or home phone _____ e-mail _____

NOTE: Make checks payable to North Penn Community Aquatic Program. Registration is accepted only when fee and medical cards have been received. Registrants may assume acceptance unless otherwise notified. Send enrollment form to: North Penn Community Aquatic Program, 401 E. Hancock Street, Lansdale, PA 19446.

CHARGE: VISA Mastercard _____ exp. date _____

A 5% service charge will be added to credit card charges.

Signature _____

1 _____ child's first name (and last if different from family name) _____ age _____

_____ course number and class level (refer to Level Requirements box)

_____ start date of session _____ day & time _____

\$ _____	\$ _____	\$ _____
course fee	membership fee	total fee

2 _____ child's first name (and last if different from family name) _____ age _____

_____ course number and class level (refer to Level Requirements box)

_____ start date of session _____ day & time _____

\$ _____	\$ _____	\$ _____
course fee	membership fee	total fee

S10 Introduction to Middle Eastern (Belly) Dance

Learn the art of middle-eastern dance, improve flexibility, strengthen your core muscles and get a low impact cardio workout while connecting with other women in a relaxed and playful environment. INSTRUCTOR: SHOALEH TEYMOUR

- Thursday, 9/30/2010-11/18/2010 (8 sessions)
- 6:15-7:15 p.m. ► Bridle Path Elementary Gym
- Fee: \$45 ► Gold Card Fee: \$20

S11 Intermediate Middle Eastern (Belly) Dance

This class is for those who have been taking beginner classes for at least two or three sessions and feel they are ready for more. The class is geared toward fine-tuning basic movements while introducing more complex movements. There will be more drills and combinations and coordination of various movements at the same time. Dancers are encouraged to bring in props such as veils and zills (finger cymbals) to class each week. INSTRUCTOR: SHOALEH TEYMOUR

- Thursday, 9/30/2010-11/18/2010 (8 Sessions)
- 7:30-8:30 p.m. ► Bridle Path Elementary Gym
- Fee: \$45 ► Gold Card Fee: \$20

S12 Basic Ballroom Dance

Discover why dancing is so popular by learning the steps to many of the classic dances. Whether you are a beginner or just want to brush up on your steps, this easy method will help you master the dance floor. Learn the fox-trot, waltz, swing dance, rumba and polka. Ballroom dance is for couples only. INSTRUCTOR: TED AND BONNIE KNAUSS

- Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- 7:30-9:30 p.m. ► Walton Farm Elementary Gym
- Fee: \$85 per couple ► Gold Card Fee: Free

S13 Country Line Dancing

Join us for an evening of fun and exercise as you learn the popular and traditional line dances, such as the Raggae Cowboy, Tush Push, LA Walk and many more. You do not need a partner to enjoy this class. INSTRUCTOR: MARY WATSON

- Monday, 10/18/2010-11/29/2010 (6 Sessions)
- No Class: 11/1/2010
- 7-9 p.m. ► Nash Elementary Gym
- Fee: \$55 ► Gold Card Fee: Free

S14 Indoor Soccer for Adults

Why let the kids have all the fun? Join us for some indoor fun with five vs. five pickup games. For men and women who still want to knock the ball around. INSTRUCTOR: GLENN YETTER

- Monday, 09/27/2010-12/06/2010 (8 Sessions)
- No Class: 10/11/2010, 11/1/2010, 11/8/2010
- 7-8:30 p.m. ► Pennfield Middle School New Gym
- Fee: \$55 (Gold Card Not Honored)

S15 Basketball for Adults

Calling all basketball players for recreational play. New pickup teams compete each week in "call your own rules" play. Two games in progress at all times. INSTRUCTOR: TOM PIETZRAK

- Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- 7-9 p.m. ► NPHS/Boy's Gym
- Fee: \$60 (Gold Card Not Honored)

S16 Power Volleyball for Adults

Coed volleyball teams, randomly selected each night, will enjoy evenings of competitive games and aerobic exercise. NOT AN EVENING FOR BEGINNERS. NCAA rules followed by each team. INSTRUCTOR: JOANNE ANGELLIS

- Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- 7-9 p.m. ► NPHS Girls Gym
- Fee: \$60 (Gold Card Not Honored)

S17 Strong Women

This is an eight-week strength-training program specifically for mid-life and older women using hand dumbbells and ankle weights. The Strong Women Program is based upon research that shows a program of strength training improves bone density, reduces falls, improves arthritis symptoms and increases flexibility and strength. The program is appropriate for both sedentary and very active women. INSTRUCTOR: NANCY STEVENS

- Tuesday/Thursday, 09/28/2010-11/18/2010 (15 Sessions)
- No Class: 11/02/2010
- 6:30-7:30 p.m. ► York Avenue Elementary Gym
- Fee: \$55 ► Gold Card Fee: \$45

S18 & S19 Golf: Level 1 Adults

This course is an introduction to the game of golf. During these sessions, you will learn the basics: proper grip, stance, set-up, alignment, the different parts of a golf swing and how they connect together. Chipping and putting techniques will be covered, as well as basic golf rules and etiquette. Clubs will be available. This course will be at Freddy's Family Fun Center, 1440 Sunnyside Pike, Lansdale. There will be a \$6 fee for a bucket of balls paid to Freddy Hill. LIMITED ENROLLMENT. INSTRUCTOR: GREG VIDA

- #S18
- Monday, 9/27/2010-10/18/2010 (4 Sessions)
- 5-6 p.m. ► Freddy Hill Fun Center
- Fee: \$55 (Gold Card Not Honored)

- #S19
- Wednesday, 9/29/2010-10/20/2010 (4 Sessions)
- 5-6 p.m. ► Freddy Hill Fun Center
- Fee: \$55 (Gold Card Not Honored)

S20 Orienteering

Orienteering is a sport of Scandinavian origin that mixes the love and respect for the great outdoors with both mental and physical challenges. Learn to read detailed topographic maps and how to use a compass. A session will be conducted at a Delaware Valley Orienteering Association event; attendance at this event is not required. INSTRUCTOR: MARK FRANK

- Thursday, 10/7/2010-10/21/2010 (3 Sessions)
- 7-8:30 p.m. ► NPHS/K129
- Fee: \$36 ► Gold Card Fee: \$18

S21 Introduction to Yoga/Hatha

This class will teach students the benefit of GENTLE yet complete postures (stretches). Breathing techniques and relaxation/visualization suggestions will be offered to enhance the mind, body and spirit connection. Bring a mat and wear comfortable clothing. INSTRUCTOR: ROSA GILETTI

- Tuesday, 9/28/2010-11/23/2010 (6 Sessions)
- No Class: 10/12/2010, 11/2/2010, 11/16/2010
- 6:45-7:45 p.m. ► Gwyn-Nor Elementary Gym
- Fee: \$40 ► Gold Card Fee: \$20

S22 Yoga for Men

Build your strength by retraining muscles, increasing stamina and regaining flexibility. Feel greater ease and flexibility as your focus on your golf swing, tennis, racquet ball, running or walking improves. Helps ease back pain and tension in the upper body, provide the additional tools to learn techniques of relaxation and enable you to regain your flexibility. Bring a mat to class. INSTRUCTOR: ROSA GILETTI

- Tuesday, 9/28/2010-11/23/2010 (6 Sessions)
- No Class: 10/12/2010, 11/2/2010, 11/16/2010
- 8-9 p.m. ► Gwyn-Nor Elementary Gym
- Fee: \$40 ► Gold Card Fee: \$20

NORTH PENN YMCA

S23 Fitness Yoga

This class, based on a blend of yoga styles, is designed to enhance strength, flexibility and relaxation. Poses are linked by flowing movement and coordinated with the breath to produce a total mind/body workout. Bring a mat and towel to class.

INSTRUCTOR: NORTH PENN YMCA

- Wednesday, 9/29/2010-11/17/2010 (8 Sessions)
- 7-8 p.m. ► NPHS/G30
- Fee: \$44 ► Gold Card Fee: Free

S24 Stretch and Renew

This class emphasizes breathing awareness and body consciousness as you stretch your body from head to toe with slow deliberate movements. Helps reduce the presence of unwanted stress in your mind and body. Bring a mat and towel to class. (Please reach the gym by going to the back of Inglewood and enter through the side door.) INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

- Tuesday, 9/28/2010-11/16/2010 (6 Sessions)
- No Class: 10/26/2010, 11/2/2010
- 6:15-7 p.m. ► Inglewood Elementary Gym
- Fee: \$36 ► Gold Card Fee: Free

S25 Tai-Chi Health

太極拳

This calming workout focuses on healing and rejuvenation. Enjoy this "easy-to-learn" exercise program starting with gentle stretches and flowing into "follow along" Tai-Chi movements. The instructor teaches the Sun Style form of Tai-Chi adapted from master trainers. This class may be practiced entirely with the assistance of a chair. (Please reach the gym by going to the back of Inglewood and enter through the side door.) INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

- Thursday, 9/30/2010-11/18/2010 (6 Sessions)
- No class: 10/21/2010, 11/04/2010
- 6:15-7 p.m. ► Inglewood Elementary Gym
- Fee: \$36 ► Gold Card Fee: Free

PN COMMUNITY EDUCATION IN PARTNERSHIP WITH YMCA

Girls Fall Lacrosse Clinic—

Offered for beginners and more advanced players on Saturday, October 9, 2010.

See page 4 for full description.

(Continued from page 12)

WINTER BLUES

Winter Blues Classes Available January & February 2011

NORTH PENN YMCA

S26 Total Body Shaping

A popular exercise class that strengthens the upper body, thigh, gluteal and abdominal muscle groups. Set to music, this class is for men and women who want to look and feel great. Bring a mat and weights (optional). (Please reach the gym by going around to the back of Inglewood and enter through the side door.) INSTRUCTOR: TERESA LEANO, NORTH PENN YMCA

- ▶ Wednesday, 9/29/2010-10/20/2010 (4 Sessions)
- ▶ 7-8 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

S27, S28 & S29 Yogalates

Combine yoga and Pilates-based exercises to enhance muscle tone/strength, balance and flexibility. Breathing and relaxation techniques are also incorporated. This structural class challenges all fitness levels. Bring a mat and towel to class. (Please reach the gym by going around to the back of Inglewood and enter through the side door.)

INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

#S27

- ▶ Tuesday, 9/28/2010-11/16/2010 (6 Sessions)
- ▶ No Class: 10/26/2010, 11/2/2010
- ▶ 7:15-8:15 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#S28

- ▶ Thursday, 9/30/2010-11/18/2010 (6 Sessions)
- ▶ No class: 10/21/2010, 11/04/2010
- ▶ 7:15-8:15 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#S29

- ▶ Tuesday/Thursday, 9/28/2010-11/18/2010 (12 Sessions)
- ▶ No Class: 10/21/2010, 10/26/2010, 11/2/2010, 11/04/2010
- ▶ 7:15-8:15 p.m.
- ▶ Inglewood Elementary Gym
- ▶ Fee: \$65 ▶ Gold Card Fee: \$26

S30, S31 & S32 Zumba

Zumba is a fusion of Latin and International music combining fast and slow rhythms that tone and sculpt the body. INSTRUCTOR: SUE O'SHURA NORTH PENN YMCA

#S30

- ▶ Tuesday, 9/28/2010-11/16/2010 (6 Sessions)
- ▶ No Class: 10/12/2010, 11/2/2010
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#S31

- ▶ Thursday, 9/30/2010-11/18/2010 (8 Sessions)
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$40 ▶ Gold Card Fee: Free

#S32

- ▶ Tuesday/Thursday, 9/28/2010-11/18/2010 (14 Sessions)
- ▶ No Class: 10/12/2010, 11/2/2010
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$70 ▶ Gold Card Fee: \$40

W1 Glass Bead Making Part III—Bead Sculpting

Let's have some fun! Now that you know how to make glass beads lets add some sculptural techniques. Using advanced techniques, we will make beads shaped like fish, snowmen, little people, etc. Please bring safety glasses, a clean glass jar and needle nose pliers to class. Pre-requisite: Introduction to Glass Bead Making and Glass Bead Making II with this instructor. A \$45 materials fee payable to the instructor the first night of class. INSTRUCTOR: LEANNE BLEVINS

- ▶ Wednesday, 1/12/2011-2/9/2011 (5 Sessions)
- ▶ 6:30-8:30 p.m. ▶ NPHS/K224
- ▶ Fee: \$55 (Gold Card Not Honored)

W2 Office 2007 (Word®/Excel®)

Transition seamlessly into the newer MS Office 2007 version of both Word and Excel. We'll take a look at the similarities and changes. You'll be able to manipulate your documents and worksheets easily after learning your way around the new ribbon. Learn the new key tips too. INSTRUCTOR: LISA ANDREY

- ▶ Wednesday, 1/12/2011-2/9/2011 (5 Sessions)
- ▶ 7-9 p.m. ▶ NPHS/K24
- ▶ Fee: \$50 (Gold Card Not Honored)

W3 Microsoft Word® 2007 Basics

Learn how to format documents, work with Clip Art, handle multi-page documents and more. This course is a mini course in Word 2007. INSTRUCTOR: PATRICK FYNES

- ▶ Thursday, 1/13/2011-1/27/2011 (3 Sessions)
- ▶ 6-9 p.m. ▶ NPHS/K26
- ▶ Fee: \$50 (Gold Card Not Honored)

W4 The Woods in Your Backyard

This course is for those who own or hope to own an acre or more and want to learn to be good stewards of their land, develop it for personal enjoyment and improve environmental quality. Set personal objectives for your land, design a management plan and learn of helpful resources. A text, "The Woods in Your Backyard," is available from the instructor for \$18.

INSTRUCTOR: GARY HAGUE

- ▶ Tuesday, 1/11/2011-1/25/2011 (3 Sessions)
- ▶ 7-9 p.m.
- ▶ Hagues Christmas Tree Farm, 755 Forty Foot Road, Hatfield, PA
- ▶ Fee: \$40 (Gold Card Not Honored)

W5 English as a Second Language For Adults

This beginning ESL class will be modified to fit the needs of the students. Limited to 36 registrants. INSTRUCTOR: SHARON HAYES/ MARILYN LOEFFLER

- ▶ Thursday, 1/13/2011-2/17/2011 (6 Sessions)
- ▶ 6-8 p.m. ▶ Hatfield Elementary, Room 220
- ▶ Fee: \$10 (Gold Card Not Honored)

W6 Intermediate Digital Imaging: Intermediate PhotoShop® for Photographers and Artists

Learn more advanced PhotoShop® techniques. This class concentrates on the creative application of layers and filters. The layer subjects covered are multiple layers, layer blending, layer masking and layer styles as well as type layers. Class projects will be a greeting card or self-promotional piece. A basic knowledge of PhotoShop® is required.

INSTRUCTOR: ALLISON KROSNICK, NP ART ALLIANCE

- ▶ Tuesday, 1/11/2011-2/15/2011 (5 Sessions)
- ▶ No Class: 1/18/2011
- ▶ 6-9:30 p.m. ▶ NPHS/K43
- ▶ Fee: \$75 (Gold Card Not Honored)

W7 Wilton Cake Decorating—Flowers and Cake Design



New!

After you have taken Wilton Decorating Basics, why not try the Flowers and Cake Design?

In this course, you will learn how to make beautiful, impressive flowers to decorate your cakes! A supply list will be provided to you before the start of class. Please bring the supplies to each class. (Supply cost approximately \$50)

INSTRUCTOR: ELLEN PERLA

- ▶ Saturday, 1/15/2011-2/12/2011 (5 Sessions)
- ▶ 10 a.m.-12 p.m. ▶ NPHS/F139
- ▶ Fee: \$45 ▶ Gold Card Fee: \$25

W8 Homebuyer's Seminar

Achieve the American Dream of homeownership by learning that you too can buy a home! Come get the facts. Understand how to shop for a home, the mortgage process, closing costs, credit reporting and credit repair, tax benefits, home inspections and realtor importance all in one informative session! INSTRUCTOR: SUZI SHEARON JANSSENS

- ▶ Tuesday, 2/1/2011 (1 Session)
- ▶ 7-9 p.m. ▶ NPHS/K30
- ▶ Fee: \$24 ▶ Gold Card Fee: Free

W9 Financial Actions During & After Job Transition

An in-depth discussion about the financial issues that are faced in job transition and after, i.e. cash management, insurance coverage, what to do with the 401k and how to be an educated consumer when seeking help.

No prerequisites. INSTRUCTOR: DONALD ALBACKER

- ▶ Thursday, 2/3/2011 (1 Session)
- ▶ 7-9 p.m. ▶ NPHS/K28
- ▶ Fee: \$24 ▶ Gold Card Fee: Free

(See Page 14 for More Winter Blues Classes)

WINTER BLUES

Winter Blues classes are available January & February, 2010



W10 Pony Club for Children (Children Ages 3-10)

Calling all pony loving kids to get out of the house and come enjoy farm life! Make a canvas horse bag, ride and drive ponies, sit by the camp fire, roast marshmallows, learn about ponies in a fun, safe way! Dress warm as we will be outside. Lunch provided - hot dogs, smores and more! For more information, visit www.penelopeponyparty.com. For children ages 3-10. INSTRUCTOR: DONNA BEERS, EVERYTHING LITTLE FARM

New!

- ▶ Saturday, 2/19/2011 (1 Session)
- ▶ 12-3 p.m.
- ▶ Everything Little Farm, 223 Scott Road, Bedminster, PA 18944
- ▶ Fee: \$35 (Gold Card Not Honored)

W11 Beginning Cartooning for Kids—10 years & up

Portray characters in action and with perspective. Learn basic proportions of the human figure. Learn penciling, inking and lettering. Complete one cartoon panel. Complexity depends on the student. INSTRUCTOR: CAROLINE NIESLEY NP ART ALLIANCE

New!

- ▶ Tuesday, 1/11/2011-2/15/2011 (5 Sessions)
- ▶ No Class: 1/18/2011
- ▶ 6-7:30 p.m. ▶ NPHS/J7
- ▶ Fee: \$44 (Gold Card Not Honored)

W12 Middle Eastern (Belly) Dance

Learn the art of middle-eastern dance, improve flexibility, strengthen your core muscles and get a low impact cardio work out while connecting with other women in a relaxed and playful environment. INSTRUCTOR: SHOALEH TEYMOUR

- ▶ Tuesday, 1/11/2011-2/15/2011 (5 Sessions)
- ▶ No Class: 1/18/2011
- ▶ 7-8 p.m. ▶ Bridle Path Elementary Gym
- ▶ Fee: \$37 ▶ Gold Card Fee: \$20

W13 Tai-Chi Health

This calming workout focuses on healing and rejuvenation. Enjoy this "easy-to-learn" exercise program starting with gentle stretches that flow into "follow-along" Tai-Chi movements. The instructor teaches the Sun Style form of Tai-Chi adapted from master trainers. This class may be practiced entirely with the assistance of a chair. INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

- ▶ Thursday, 1/27/2011-2/17/2011 (4 Sessions)
- ▶ 6:15-7 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$32 ▶ Gold Card Fee: Free

W14 Stretch and Renew

Class emphasizes breathing awareness and body consciousness as you stretch your body from head to toe with slow deliberate movements. Helps to reduce the presence of unwanted stress in your mind and body. Bring a mat and towel to class. (Please enter through the front of the building.) INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

- ▶ Tuesday, 1/25/2011-2/15/2011 (4 Sessions)
- ▶ 6:15-7 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$32 ▶ Gold Card Fee: Free

W15, W16 & W17 Yogalates

Combine yoga and Pilates-based exercises to enhance muscle tone/strength, balance and flexibility. Breathing and relaxation techniques are also incorporated. This structured class challenges all fitness levels. (Please enter through the front of the building.) INSTRUCTOR: DARLENE CIANCI, NORTH PENN YMCA

#W15

- ▶ Tuesday, 1/25/2011-2/15/2011 (4 Sessions)
- ▶ 7:15-8:15 p.m.
- ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#W16

- ▶ Thursday, 1/27/2011-2/17/2011 (4 Sessions)
- ▶ 7:15-8:15 p.m.
- ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#W17

- ▶ Tuesday/Thursday, 1/25/2011-2/17/2011 (8 Sessions)
- ▶ 7:15-8:15 p.m.
- ▶ Inglewood Elementary Gym
- ▶ Fee: \$65 ▶ Gold Card Fee: \$36

W18, W19 & W20 Zumba

Zumba is a fusion of Latin and international music combining fast and slow rhythms that tone and sculpt the body. INSTRUCTOR: SUE O'SHURA, NORTH PENN YMCA

#W18

- ▶ Tuesday, 1/25/2011-2/15/2011 (3 Sessions)
- ▶ No Class: 2/8/2011
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$30 ▶ Gold Card Fee: Free

#W19

- ▶ Thursday, 1/27/2011-2/17/2011 (4 Sessions)
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$32 ▶ Gold Card Fee: Free

#W20

- ▶ Tuesday/Thursday, 1/25/2011-2/17/2011 (7 Sessions)
- ▶ No Class: 2/8/2011
- ▶ 7-7:45 p.m. ▶ Hatfield Elementary Gym
- ▶ Fee: \$58 ▶ Gold Card Fee: \$32

W21 Fitness Yoga

This class, based on a blend of yoga styles, is designed to enhance strength, flexibility and relaxation. Poses are linked by flowing movement and coordinated with the breath to produce a total mind/body workout. Bring a mat and towel to class. INSTRUCTOR: NORTH PENN YMCA

- ▶ Wednesday, 1/19/2011-2/9/2011 (4 Sessions)
- ▶ 7-8 p.m. ▶ York Avenue Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

W22, W23 & W24 Total Body Shaping

A popular exercise class that strengthens the upper body, thigh, gluteal and abdominal muscle groups. Set to music, this class is for men and women who want to look and feel great. Bring a mat and weights (optional) to class. (Please enter through the front of the building.) INSTRUCTOR: NORTH PENN YMCA

#W22

- ▶ Monday, 1/24/2011-2/14/2011 (4 Sessions)
- ▶ 7:15-8:15 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#W23

- ▶ Wednesday, 1/26/2011-2/16/2011 (4 Sessions)
- ▶ 7:15-8:15 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$36 ▶ Gold Card Fee: Free

#W24

- ▶ Monday/Wednesday, 1/24/2011-2/16/2011 (8 Sessions)
- ▶ 7:15-8:15 p.m. ▶ Inglewood Elementary Gym
- ▶ Fee: \$65 ▶ Gold Card Fee: \$36

W25 Indoor Soccer for Adults

Why let the kids have all the fun? Join us for some indoor soccer fun with five vs. five pickup games. For men and women who still want to knock the ball around. INSTRUCTOR: GLENN YETTER

- ▶ Monday, 1/10/2011-2/14/2011 (5 Sessions)
- ▶ No Class: 1/17/2011
- ▶ 7-8:30 p.m.
- ▶ Pennfield Middle School New Gym
- ▶ Fee: \$43 (Gold Card Not Honored)

W26 Adult Fitness & Self Defense

Don't become a victim!

Learn courage, patience and self-defense skills in class.

A great form of exercise that promotes inner strength and feeling healthy. INSTRUCTOR: ACTION KARATE - MISS JUDY.

- ▶ Tuesday, 1/25/2011-2/15/2011 (4 Sessions)
- ▶ 7:30-8:30 p.m. ▶ Kulp Elementary Gym
- ▶ Fee: \$35 (Gold Card Not Honored)

North Penn Community Education Program

401 E. Hancock Street, Lansdale, PA, 19446 Phone: 215-853-1028 or 215-853-1029
 Fax: 215-853-1782 or 215-853-1783

- Classes are held at North Penn High School (unless otherwise noted).
- Weekday classes begin the week of September 27 (unless otherwise noted).
- Saturday classes begin September 25 (unless otherwise noted).
- Registration Deadline — September 24 (Late registrations accepted where space is available.)
- Mail registration to the Community Education Program with check, charge number or money order or FAX to 215-853-1782 with charge number.

Registration Information

REGISTRANTS SHOULD ASSUME ACCEPTANCE UNLESS OTHERWISE NOTIFIED IN ALL CASES.

- REGISTER EARLY to avoid disappointment.
- NO PHONE REGISTRATIONS will be accepted.
- Payment can be made by check, money order or VISA/MASTERCARD.
- Include a SEPARATE check or money order for each course or trip. Please list names of all travelers on each trip.
- ENROLLMENT VERIFICATION IS NOT SENT UNLESS A SELF-ADDRESSED, STAMPED ENVELOPE IS SENT WITH THE REGISTRATION FORM.
- Refunds will not be made after the first class is held.
- A 5% service charge will be added to all credit cards.
- There will be a \$10 non-refundable registration fee on all cancellations.
- Courses may be cancelled when enrollment is insufficient. Registrants affected will be contacted for a full refund.
- Unless otherwise noted, classes are intended for adults 18 years or older.
- Not designed for high school or college credit.
- CANCELLATION OF CLASSES due to bad weather is announced on radio station WNPV (1440 AM); on the NPSD website (www.npenn.org); on North Penn TV Comcast Cable channel 28/Verizon Fios channel 29; and on taped telephone messages (215-368-7663).

All classes held at North Penn High School (NPHS) unless otherwise noted. Addresses can be found below:

Bridal Path Elementary School:
200 Bridal Path Rd., Lansdale

Educational Services Center:
401 E. Hancock St., Lansdale

Gwyn-Nor Elementary School:
139 Hancock Rd., North Wales

Hatfield Elementary School:
1701 Fairgrounds Rd., Hatfield

Inglewood Elementary School:
1313 Allentown Rd., Lansdale

Kulp Elementary School:
801 Cowpath Rd., Hatfield

Nash Elementary School:
1560 Liberty Bell Drive, Harleysville

North Penn High School
1340 Valley Forge Rd., Lansdale

Penndale Middle School:
400 Penn St., Lansdale

Pennfield Middle School:
726 Forty Foot Rd., Hatfield

Walton Farm Elementary School:
1610 Allentown Rd., Lansdale

York Avenue School:
700 York Ave., Lansdale

Fall 2010/Winter 2011 Course and Trip Enrollment Form

Mail to: North Penn Community Education Program,
401 E. Hancock St., Lansdale, PA 19446
215-853-1028 / 215-853-1029

Activity			Activity #		
			<input type="checkbox"/> Gold Card		
Time	Day	Fee	Grade	_____	
			(if children's class)		
Name			Birth Year		
Street and Number			_____		
City			Zip Code		
Phone		Business Ph.	Email		

NOTE: Attach separate check or money order for each course. Make checks payable to North Penn Community School. **ENROLLMENT VERIFICATION IS NOT SENT UNLESS YOU SEND A SELF-ADDRESSED, STAMPED ENVELOPE WITH REGISTRATION FORM.** There will be a \$10 non-refundable registration fee on all cancellations.

VISA Mastercard Exp. date _____

A 5% service charge will be added to credit card charges.

--	--	--	--	--	--	--	--

Signature _____

For Office Use Only

Date: _____

Fee: _____

GC Check Cash
 V MC

Initials: _____

Fall 2010/Winter 2011 Course and Trip Enrollment Form

Mail to: North Penn Community Education Program,
401 E. Hancock St., Lansdale, PA 19446
215-853-1028 / 215-853-1029

Activity			Activity #		
			<input type="checkbox"/> Gold Card		
Time	Day	Fee	Grade	_____	
			(if children's class)		
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Street and Number			_____		
City			Zip Code		
Phone		Business Ph.	Email		

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VISA Mastercard Exp. date _____

A 5% service charge will be added to credit card charges.

--	--	--	--	--	--	--	--

Signature _____

For Office Use Only

Date: _____

Fee: _____

GC Check Cash
 V MC

Initials: _____

NORTH PENN Community Education Program



401 East Hancock St.
Lansdale, PA 19446

Non-Profit Organization
U.S. Postage
PAID
Lansdale, PA 19446
Permit No. 286



WINTER BLUES

Winter Blues classes are available
in January and February 2011.
See pages 13-14.

Trips

NOTE: CANCELLATION POLICY: A full refund will be given for notice received 30 or more days prior to trip. If notice is received within 5 to 30 days before the trip occurs, a credit voucher will be issued in the amount of the trip minus any prepaid amounts. The credit voucher may be used toward a future trip for up to one year from the date of issue. No refund or credit will be issued for cancellations within 5 days of trip.

Registration must be received one month before the trip date, although late registration is accepted when space is available. Please list all travelers attending on registration form.

T10 Hawk Mountain Sanctuary

Located along the Appalachian flyway in east-central PA, Hawk Mountain offers visitors an outstanding, year-round nature experience. Over 20,000 hawks, eagles and falcons migrate each autumn and you are sure to be enthralled with the majestic colors of the fall foliage and the migratory numbers of raptors you are sure to see. Bring a brown bag lunch to enjoy and water bottle. Wear appropriate clothing, walking shoes and a hat. Scope or camera optional.

INSTRUCTOR, RUTH PFEFFER

- ▶ **Saturday, 10/16/2010**
- ▶ **Depart: 8 a.m.**
- ▶ **Return: 4 p.m.**
- ▶ **NPHS-parking lot**
- ▶ **Fee: \$80** (Includes bus transportation, entrance into Hawk Mountain and tour host.) (Gold Card Not Honored)



T13 Statue of Liberty/Ellis Island

Join us for a day on your own exploring the Statue of Liberty and Ellis Island. Your trip will include ferry tickets, monument tickets and dinner on the return trip.

INSTRUCTOR: PERKIOMEN TOURS

- ▶ **Saturday, 10/30/2010**
- ▶ **Depart: 8:30 a.m.**
- ▶ **Return: 8 p.m.**
- ▶ **NPHS-parking lot**
- ▶ **Fee: \$85** (Includes charter bus, monument tickets, ferry passes and dinner.) (Gold Card Not Honored)

T11 & T12 A Day in NYC

We will drop you off on the east side of 46th Avenue and the rest of the day is yours to do as you please. Travelers will receive information packets with suggestions for restaurants, museums and where to get half-price matinee theatre tickets. You will be picked up at 6:45 p.m. in the same place you were dropped off in the morning.

#T11

- ▶ **Saturday, 10/16/2010**
- ▶ **Depart: 8 a.m.**
- ▶ **Return: 9 p.m.**
- ▶ **NPHS-parking lot**
- ▶ **Fee: \$45** (Includes charter bus transportation only.) (Gold Card Not Honored)

#T12

- ▶ **Saturday, 12/4/2010**
- ▶ **Depart: 8 a.m.**
- ▶ **Return: 9 p.m.**
- ▶ **NPHS-parking lot**
- ▶ **Fee: \$45** (Includes charter bus transportation only.) (Gold Card Not Honored)

For more information,
or questions regarding
registration, please contact
your Friendly Helpers from
the North Penn School
District Community
Education Office.

Paula Malley: 215-853-1028
Gail Beigel: 215-853-1029

SAVE THE DATE BUS TO THE FUTURE

Friday, November 12, 2010

A special way to celebrate North Penn schools and kick off American Education Week! You'll tour several North Penn district schools, buildings and departments. See firsthand the important contributions our public schools are making to ensure our community's future.

For more information on this event and to reserve your seat, please contact (215) 853-1021.



The North Penn School District sponsored Community Education Program provides unlimited educational and recreational opportunities for residents of all ages. Support for the community school and aquatic program demonstrates that members of the board of school directors and district administrators are committed to community use of facilities.

Superintendent: Curtis R. Dietrich

Board of School Directors:

Vincent Sherpinsky (President)
Tim Kerr (Vice President)
Josephine Charnock, Don Hill, Stephen Hladik,
Rick Miniscalco, Frank O'Donnell, John Schilling
and Joseph Sullivan

**Manager of School & Community
Engagement:**

Christine Liberaski

Communications Specialist:

Katie Lloyd