

# **Garden of Health Healthy Meals 4 All 5K Race & Walk**

**November 6<sup>th</sup> – 9 AM**

Harleysville Community Center,  
435 Park Ave, Harleysville, PA 19438

## **Garden of Health's Mission**

Garden of Health's mission is to provide healthy food for low-income individuals and families in Montgomery and Bucks Counties including those with dietary restrictions. We envision a future in which every adult and child can access healthy food and produce they need to live healthy lives, regardless of their income level. Please join us in our mission to help feed our community by registering for the Healthy Meal 4 All 5K.

## **Registration Information**

Early Registration through October 23<sup>rd</sup> - \$30 which includes a free t-shirt

Late Registration - \$40

Walkers also encouraged to join in the fun.

## **Check-in and Race Times**

Check-in Starts: 8 AM

5K Race Starts: 9 AM

1 Mile Walk Starts: 9:05 AM

## **Race Timing and Prizes**

Race will be professionally timed by the Bryn Mawr Racing Co.

Awards for Overall and Age Groups, Top in Age Groups

## **Contact Information**

For race & walk registration, sponsorship or donation information please go to our website at [www.gardenofhealthinc.org/5k-race](http://www.gardenofhealthinc.org/5k-race)

For any questions or to contact the race committee, please email

[Healthymeals4all@gardenofhealthinc.org](mailto:Healthymeals4all@gardenofhealthinc.org)