

September 2020

North Penn School Nutrition Services

BREAKFAST

Fresh Fruit may include: apple, orange, grapes, banana
 100% Fruit Juice may include: apple, orange, fruit punch, grape

This institution is an equal opportunity provider.
 Menu subject to change without notice.

Curbside Pick-Up Days & Times*:

Tuesdays, 11am-1pm or 5pm-7pm or
 Wednesdays, 7am-9am

*Exception is the first week of school, Monday 8/31
 will be the only distribution day from 11am-1pm

Curbside Pick-Up Locations

All North Penn Elementary Schools* and
 Pennedale Middle School

*Knapp is temporarily closed as a pick-up site due to
 construction, we encourage those students to visit us at Pennedale!

Monday

Tuesday

Wednesday

Thursday

Friday

August 31st

Benefit Bar
 Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Blueberry Waffles

Applesauce
 100% Fruit Juice
 1% White Milk

Apple Frudel Strudel

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Strawberry Mini Pancakes

Applesauce
 100% Fruit Juice
 1% White Milk

No School

No School

Raspberry Turnover

Applesauce
 100% Fruit Juice
 1% White Milk

Cinnamon Filled Mini Bagel

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Blueberry Muffin

Applesauce
 100% Fruit Juice
 1% White Milk

Pancake & Sausage Stick Or Benefit Bar (veg option)

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Mini Cinnamon Rolls

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Omelet

Animal Crackers
 Applesauce
 100% Fruit Juice
 1% White Milk

Cereal

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Mini French Toast

Applesauce
 100% Fruit Juice
 1% White Milk

Maple Mini Pancakes

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Benefit Bar

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Blueberry Waffles

Applesauce
 100% Fruit Juice
 1% White Milk

Cereal

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Strawberry Mini Pancakes

Applesauce
 100% Fruit Juice
 1% White Milk

Homemade Blueberry Muffin Square

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Manager's Special!

Raspberry Turnover

Applesauce
 100% Fruit Juice
 1% White Milk

Cereal

Fresh Fruit
 100% Fruit Juice
 Chocolate Milk

Free Meal Bundles

All meals are FREE for any child 18 & younger. Now you may pick up meals for all children in a household!

Each meal bundle includes a full week of meals: 5 breakfasts & 5 lunches.
 Come out to one of our locations just once per week for a full week of free meals for your child(ren). Meal bundles are one per child, per week.